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Ramblings of a Middle-Aged Christian Change and Choice Confessions of a Middle-Aged Runaway 50: Diary Of A Middle Aged Woman The Public Confessions of a Middle-aged Woman *The Wanderings and Ramblings of a Middle Aged Man* **Middle aged men Reflections on a Middle-Aged Fat Woman** *You Know You Are Middle Aged When... The Secret Life of the Grown-up Brain* **Middle-aged White Guys Musings of a Middle-aged Woman.** *By Ailenroc* **The Middle Years Wisdom from the Middle Ages for Middle-Aged Women** Middle Age Rage... and Other Male Indignities **Unsubstantiated** The Middle-aged Lover *The Revolt of the Middle-aged Man* Public Confessions of a Middle-aged Woman Aged 55 3/4 **Miss Matched at Midlife** *How to Grow Old* The Other Generation Gap **Memoirs of a Middle Aged Chancer** *Human Development from Middle Childhood to Middle Adulthood* You Know You're Middle-aged When-- *The 6 Week Cure for the Middle-aged* *Middle Fitness for Middle Aged People* **Lectures on the Relations and Duties of the Middle Aged** **Small Comforts** *Musings of a Middle-Aged Woman* **Forty to Sixty** *Middle Aged Love Stories* My Middle-aged Baby Book *The Faith of a Middle-aged Man* Don't Get Fat, Kids! 100 Quips about Life from a Middle-Aged Husband and Father The Middle-Aged Man and the Sea **Middle-aged Women in the Middle Ages** *Middle Age Spread* *Diary of a Middle-Aged Sex Goddess* *Volume 1: Fragile Flower* **My Orange Purse**

A hilarious book of one-liners illuminating how the middle-aged eat, dress, talk, and behave. Includes such priceless quips as, You know you're middle-aged when you're older than your dentist; . . . you schedule sex; . . . you can still get down and funky--you just can't get up; and more. New research into medieval women from the Anglo-Saxon to the late medieval period demonstrates their energy, defiance and wit. One woman. Two kids. The menopause, and a pandemic. On her fiftieth birthday in July 2019 a single mother starts a personal diary to record her feelings about the passing of youth and her experience of being middle-aged and menopausal. Her relationship with her parents is changing, weight gain is accelerating, and online dating is getting weirder, but when the coronavirus pandemic arrives, her existential worries about ill health and death suddenly become all too real. This revealing and engrossing diary describes how a modern woman copes with the dramas of everyday life with young twins during a historic year in global history. A true story. Reprint of the original, first published in 1872. The publishing house Anatiposi publishes historical books as reprints. Due to their age, these books may have missing pages or inferior quality. Our aim is to preserve these books and make them available to the public so that they do not get lost. This book is a compilation of 100 humorous observations from a middle-aged dad about life, marriage, and parenting in middle-America in the 21st century. This seminal work focuses on human development from middle childhood to middle adulthood, through analysis of the

research findings of the groundbreaking Jyväskylä Longitudinal Study of Personality and Social Development (JYLS). The JYLS project, which began in 1968, has generated extensive publications over many years but this is the first comprehensive summary that presents the conceptual framework, the research design and methodology, and the findings. The study looks at the development over time of issues related to personality, identity, health, anti-social behavior, and well-being and is unparalleled in its duration, intensity, comprehensiveness and psychological richness. The thorough synthesis of this study illustrates that there are different paths to adulthood and that human development cannot be described in average terms. The 42-year perspective that the JYLS provides shows the developmental consequences of children's differences in socioemotional behavior over time, and the great significance of children's positive socioemotional behavior for their further development until middle age. Not only will the book be an invaluable tool for those considering research methods and analysis on large datasets, it is ideal reading for students on lifespan courses and researchers methodologically interested in longitudinal research. What can a middle-aged woman learn from a tryst with the college kid next door? What's passion like with a mesmerizing fifty-something surfer who sleeps in the back of his van? How does a regular gal wind up sipping tea with the ringleader of a sex club? The story of one man's comeback from adversity to a life in the sun, including many adventures with ladies on the way As this useful collection of writings proves, Medieval mystics have much wisdom to offer contemporary middle-aged women grappling with empty nests, evolving careers, spiritual growth, and physical issues. This is a reflection on the amusements and anxieties of growing older, a work of creative nonfiction that quietly probes the mysteries of an ordinary life when reviewed at middle age. The essayist, a mid-career academic, examines a variety of life-long obsessions. A New York Times science editor draws on new research to examine the brain's peak capacity in middle age, explaining how a growth of white matter and brain connectors enables improved judgment, cognitive function and problem solving. By the author of *The Primal Teen*. Dr. Edmund Bergler analyzes in this important book the origins of the middle-age rebellion, outlines its symptoms, and points the way to an understanding of a very vital problem. His book is a clear and helpful explanation of a baffling situation. Glimpse into the life of one of Britain's best-loved comic writers - Sue Townsend - with this hilarious collection of her anecdotes and musings. _____ Enter the world of Susan Lilian Townsend - all our welcome! This sparkling collection of Sue Townsend's hilarious non-fiction covers everything from hosepipe bans to Spanish restaurants, from writer's block to slug warfare, from slob holidays to the banning of beige. These funny, perceptive and touching pieces reveal Sue, ourselves and the nation in an extraordinary new light. Sit back and chortle away as one of Britain's most popular and acclaimed writers takes a feather to your funny bone. Witty, and laugh-out-loud funny, *The Public Confessions of a Middle-Aged Woman (Aged 55¾)* is essential reading for any Sue Townsend fan. _____ 'Anyone who loved *The Secret Diary of Adrian Mole* will enjoy this collection of witty and sharply observed jottings from the inimitable Sue Townsend. Great stuff' OK! 'Full of homely, hilarious asides on the absurdities of domestic existence . . . What a fantastic advertisement for middle-age - it can't be bad if it's this funny' Heat 'A welcome addition to any bookshelf' Hello! 'It's as if Townsend has caught our idiosyncrasies on candid camera and is showing a rerun of all the silly clips . . . the ideal dip-in-and-out book' Time Out Staring curiously into the mirror, I wonder how in the world did I get here? Who is this middle-aged woman? Life has a way of just passing us by. Time really does "fly"! Middle-age creeps up on us and makes us pause... we look back with amusement, pain, satisfaction, or discontent... only to Look forward to what? With much humility, this middle-aged woman shares hilarious, thought-provoking, vulnerable stories from her life. Hoping to connect with women facing this arduous shift in life... hoping to make the you smile, cry a little, and mostly to inspire you to go after your dreams... take risks no matter your age. For you avoid the possible issues that might arise at your middle age, enjoy the remaining years of your life and stay active, our superb fitness book is ready to offer you 40 powerful exercises to make you fit and healthy. The perfect gift for anyone struggling through their middle ages, including the friend who still

thinks the 20-something at the next table is staring at them. If you're finding that youth is no longer on your side, it might be time to curl up with this hilarious collection of stories, quotes and quips. In her memoir series *Diary of a Middle-Age Sex Goddess*, Elizabeth J. Winters Waite explores the complexities of life for a single mother in her sexual prime. Bridging the gap between *Sex and the City* and *The Golden Girls*, her stories detail raising three boys, running a successful all-female accounting firm, and pursuing passions that grow her soul, all while trying to get laid—or trying not to get laid, whichever the case may be—while on the never-ending quest for true love. In *Fragile Flower*, the first volume in the series, Waite's youngest son turns ten and, for his birthday, asks for a stepfather. Being a dutiful mother, Waite enrolls in three different dating sites and goes on fifty-three first dates—all in one year! But jumping back into the dating game after so many years isn't easy. What are The Rules for being forty-something and back on the scene? How does a middle-age sex goddess protect her heart, her hearth and her family of three young sons while looking for love? Is it still considered "kissing frogs" when she can find something to like about everyone she goes out with? This book is a collection of experiences, thoughts, teachings and humor of a middle-aged father who came to Christianity during his adult years. It can be enjoyed by Christians and seekers of any race or gender.

Larry was born, raised and educated in the central Illinois town of Champaign. After graduating from the University of Illinois (1980) with a degree in Mathematics and Computer Science, he spent 17 years in the suburbs of Chicago before seeking the warmer climes of Charlotte, North Carolina, where he still resides. Professionally, Larry has been a software developer since graduating college. He married his wife Julie in 1980 and has two children, Samantha (1987) and Daniel (1990) who still live nearby. In addition to writing, Larry spends his free time in several volunteer areas of Christian education, including working and playing with youth, leading Disciple Bible Study classes and teaching Sunday School. Thank you for taking the time to read my third book, *Unsubstantiated Advice (About Life) from a Middle-Aged Man*. This is not your traditional, run of the mill, self-help book. I am not sure whether this book belongs in the 'Self-Help' section of your local bookstore, or in the 'Funny & Humor' aisle, but I do know that it belongs on your reading list. This wild comedy is set at a toxic waste dump in the Midwest. Three brothers are there to toast the memory of R.V., wife to one and lover to the others, who committed suicide. Roy, the honorary mayor who is dressed as Lincoln to deliver the Gettysburg Address at Fourth of July celebrations, is worried because the town newspaper has revealed that the barrels he imports aren't "food additives" and because his wife now knows about his girlfriend. After brother Moon, a soldier of fortune who has been away killing third world people, talks Roy's wife out of shooting him, R.V. appears looking unchanged by twenty years of being dead. She says the men must march 600 miles to the Washington Monument, naked with a sign that reads "We're Sorry." When their recently deceased mother also appears to chastise them for their sins and for dispersing her ashes at Wendy's instead of Hardee's, the men know what they must do. - Publisher's note. At the age of 45, Heidi Eliason quit her job, sold her house, bought a motorhome, and embarked on a five-year road trip with her dog, Rylie. It was a journey that transformed her life. **SUNDAY TIMES BESTSELLER** Whether he likes it or not, John is getting older. His hair is greying, it's getting that much harder to stay fit, and the potential to become something of an embarrassment is ever increasing. But hope is not lost. *How to Grow Old* is John's offering to the world. With sage advice on how to avoid the common pitfalls of age, intimate confessions and spit-your-dentures-out hilarious commentary on his own advancing years, this is his observational comic writing at its very best. If you were concerned about how not to be boring or how to get rid of your should-be-old-enough-to-manage kids, this the book has the answers. Bestselling authors Drs. Mary and Michael Eades provide a plan specifically for eliminating the visceral fat that accumulates around the organs that is the true cause of the middle-age bulge. The good news is that through diet, this fat can be quickly reduced and eliminated, enhancing both looks and health.

Hello Poetry Fans, I was born in Augusta, Georgia, on November 7, 1957. I am a Scorpio, and they say we are the romantics. I was raised an only child by my mother, Mrs. Catherine Hollifield Ford. Times were hard, and I believe I would've

been considered an original latch key kid. By the time I was eight years old, I was sleeping in our home alone, and cooking for myself, while my mother worked third shift. I grew up quickly, and saw life's struggles clearer than most kids my age. When I was fifteen years old, while most kids were out playing, I was on the phone with various people, mostly girls, talking about their problems. It was during this time that I began to write. These poems you are about to read, are a collection of many years work. My style may be contemporary, but the feelings I share are genuine. I'd like to dedicate this book to all the kids I grew up with from the various schools I attended, without whom I would never have had many of these experiences. These kids went to the following schools: Wilkinson Garden Elementary, Belvedere Elementary, Summerfield Elementary, N. Augusta Elementary, N. Augusta Junior High, Paul Knox Junior High, and N. Augusta Senior High. You guys rock. I'd also like to thank my wife Debbie, my sons Kenny and Cole, and my daughters Corbie, Olivia, and Lydia for putting up with me these many years. I love you. Please enjoy. Wally'Gator' Ford Author

Christopher Meeks presents 13 heartwarming stories about relationships and manhood in modern-day America. The middle-aged man and the sea poignantly explores the issues of love, life, and aging. Three couples attend a dinner none of them wants to be at. Play examines lives and marriages of middle-class, middle-aged New Zealanders. Reflections on a Middle-Aged Fat Woman is the thoughts, happenings and remembrances of a 40ish-year-old pleasantly plump woman that is slightly off-center, sings slightly off-key and is just slightly off her rocker. The MA Fat Woman is not glamorous, (although she desires to be) and is not an announcer for her local radio station (though she used to be). What is she? She is an underemployed, slightly psychotic, hopefully optimistic individual that appreciates a good story, hearty laughs and great conversations. Join her as she takes a stroll down memory lane and beyond dispensing her unique sayings and made-up words while keeping a firm grasp on what is really important: Cincinnati-style Chili and Herr's Sour Cream & Onion Potato Chips. First lost tooth. First colonoscopy. First second mortgage. First chin hair. First comb-over. All of these memorable firsts belong in MY MIDDLE-AGED BABY BOOK: A Place to Write Down All the Things You'll Soon Forget. A padded and chewable keepsake with room to write in significant firsts, it's a perfect gift for a milestone birthday, when you're old enough not to take yourself too seriously. ?A comic classic, My Middle-Aged Baby Book is the irrepressibly cheeky celebration of middle age in the form of a fill-in baby book--and the perfect gift for both women ("Is it hot in here, or is it just me?") and men (remember, it's prostate not prostrate). It's a place to record firsts: my first colonoscopy, my first reading glasses, my first words ("everything hurts"). Vital statistics: including married name(s), circumference of abdomen, cholesterol count (bad HDLs, good HDLs). Primary caregivers: urologist, periodontist, colorist. It explains the Seven Stages of Hair Loss, answers the question Am I Smiling . . . or Is It Gas?, covers Sex? (Check one: Yes, No, Can't Remember), and what happens When I Grow Up--go ahead, be a burden to your children! ?And for everyone who forgot where they put their reading glasses, the book is thoughtfully printed on anti-glare paper in large, easy-to-read type.

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