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web feb 7 2018 we re talking of course about japanese jiu jitsu japanese jiu jitsu is the mother of all grappling arts it is as simple as that originally it started off as a lethal system to keep the samurai alive in unarmed combat today japanese jiu jitsu in most gyms is in a traditional form of martial arts practice web ju jitsu is a parent martial art of karate judo aiki jitsu aikido shorinji kempo american kenpo russian sambo and bjj ju jitsu is a fighting system with wide range of combat techniques fighting standing and on the ground strikes kicks punches joint locks holds chokes throwing and grappling with immobilization restraining web budoshin ju jitsu is based on the teachings of jack sanzo seki and a lineage tracing back through ibaragi toshifusa 1597 1677 founder of kito ryu ju jitsu and takagi orieman shigenbudo 1615 1711 founder of yoshin ryu ju jitsu web you can access 27 lessons covering areas of the beginner section of the art of traditional japanese ju jitsu blended to provide valid up to date and useful self defence techniques ju jitsu contains a large variety of techniques including strikes web japanese jujutsu is an ancient martial art from which others such as judo and bjj were derived it involves immobilization throwing striking defense and sometimes the use of small weapons students also study technique theory japanese history and terminology the human body and first aid web jujutsu dʒuːˈdʒɪtsuː joo jit soo japanese 柔道 jūjutsu pronounced dʒuːˈdʒɪtsuː also known as jiu jitsu and ju jitsu is a family of japanese martial arts and a system of close combat unarmed or with a minor weapon that can be used in a defensive or offensive manner to kill or subdue one or more weaponless or web may 20 2023 jujitsu japanese jūjitsu gentle art also spelled jujutsu also called yawara form of martial art and method of fighting that makes use of few or no weapons and employs holds throws and paralyzing blows to subdue an opponent it evolved among the warrior class bushi or samurai in japan from about the 17th century

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