

Read Book The 100 Best Volunteer Vacations To Enrich Your Life Pdf For Free

The 100 Best Volunteer Vacations to Enrich Your Life Volunteer Vacations Volunteer Vacations Across America: Immersion Travel USA (Immersion Travel USA) Moon Volunteer Vacations in Latin America The 100 Best Vacations to Enrich Your Life The 100 Best Volunteer Vacations to Enrich Your Life Moon Volunteer Vacations in Latin America Immersion Travel USA: The Best and Most Meaningful Volunteering, Living, and Learning Excursions Hoping to Help Ours to Explore Learning Service The Voluntourist Travel with Purpose Frommer's 500 Places Where You Can Make a Difference Volunteer Tourism Wide-Open World The Volunteer Traveler's Handbook Managing Volunteers in Tourism How to Travel the World on \$50 a Day The 100 Best Worldwide Vacations to Enrich Your Life The Back Door Guide to Short-term Job Adventures A Path Appears Moon Volunteer Vacations in Latin America Baseball in Mobile Managing People Marriage Meetings for Lasting Love Africa and Australasia Not Exactly Retired: A Life-Changing Journey on the Road and in the Peace Corps Travel Best Bets The 100 Best Vacations to Enrich Your Life Learning to Play With a Lion's Testicles Hidden Travel Little Princes Hidden History of Mobile Travel as a Political Act Volunteering in Latin America Sustainable Travel Opportunities in Cuba Grown and Flown Picture Dictionary

Sustainable Travel Jul 15 2020 Sustainable Travel offers practical and achievable advice for those who want to make a difference in the way we experience the world. Having travelled around the world without flying, sustainability expert Holly Tuppen knows a thing or two about low-carbon and positive-impact adventures. Here, she shares what she's learnt from over a decade of responsible travels. Sustainable Travel will help your trip to be a force for good with information on how to: · Ask tour operators and accommodations the right questions · Reduce your carbon footprint · Embrace slow travel · Pack responsibly · Benefit the people, cultures and places you visit Also included is a guide to regenerative travel experiences, including conservation-minded tours, community-led initiatives, alternative adventures, responsible destinations and green places to stay. A series of interviews feature the experts and unsung heroes of sustainable travel. With so many of us looking to travel in a more sustainable way, but not sure how to go about it, this comprehensive guide reveals everything you need to know. It's a must read for anyone looking to tackle the climate crisis and support nature and people while travelling. 2% of the revenue generated from the sale of this book will be donated to the World Land Trust, an international conservation charity that has funded the protection of over 5 000 000 acres of landscapes.

Hidden Travel Dec 20 2020 Have you ever had a magic moment on a trip that so moved you, you knew you'd remember it forever? Hidden Travel is about how to find more of those kinds of defining moments and how to create deeply personal and meaningful experiences for you and others anywhere you go. Hidden Travel explores the idea that there's more to life than most people realize. This book shows you how to discover that more-more adventure, purpose, creativity, fulfillment, connections, meaning, joy or whatever you define your own more to be-through a surprising approach to living known as hidden travel. Hidden travel is a form of travel many long for, but few find. Most guidebooks reveal sights that matter to others. Hidden Travel teaches you how to find what matters to you-on a trip around the world or just around the corner. It's about using travel to get enough distance from your ordinary life to realize just how extraordinary it is. In this book you'll learn how to discover hidden places of wonder and hidden wonder in ordinary places, along with the following: Why anticipation before and reflection after can be the best part of your trip; how to understand better what you most love and how to pursue that on a trip; how to enjoy planning a trip even if you don't like planning; how to find freedom in limitations so you don't pack behind unnecessary physical and emotional baggage; how to discover what matters to you-not what others tell you is important; how to get the most out of a place by being your best self in that place; ways to see more by engaging all your senses; how to increase your capacity to try new things so you build your adventurousness, courage and confidence; how to uncover a hidden dimension of time that can transform any trip; and how to apply what you've learned on your trip to life at home so each day is more. This book is the perfect gift for you or that special traveler in your life.

The 100 Best Volunteer Vacations to Enrich Your Life Aug 20 2023 Travel industry experts report that more and more people are combining vacations with volunteer work—the growing phenomenon called "voluntourism." Professionals predict this will be a key growth area for years to come; the voluntourists themselves find it a rewarding activity, good for body and soul. And nobody provides such a fun, inviting overview of the possibilities as savvy travel writer Pam Grout in the latest title in our 100 Best Vacations series. With its elegant two-color design, playful cover, and winningly positive goal, it's a travel guide with heart, inexpensive yet inspiring—an ideal gift book for people who care to share. From building houses in Appalachia to saving sea turtles in Costa Rica to teaching English in Thailand, this book is a rich resource of ways to use your skills to help out the world and reap some lasting benefits yourself. Like its two predecessors, it includes an engagingly descriptive menu of choices for tastes and talents of all kinds, along with detailed specifics to turn good intentions into satisfying reality. Throughout, sidebars describe nearby places to visit, little-known facts, and more, providing depth and variety, while a comprehensive resource listing gives additional information about the different organizations offering volunteer vacations.

Travel with Purpose Aug 08 2022 Travel is now more open to a greater number of people than ever, and travelers are often looking for new adventures and experiences. And yet with crises developing constantly around the planet, many travelers want to explore the world and do good at the same time. This book shows them how.

Baseball in Mobile Aug 28 2021 A city wrapped by the Gulf of Mexico's beaches, Mobile has a history as rich as the azalea-saturated soil on which it rests. Recipient of the All-American City distinction, Mobile is home to the original Mardi Gras celebration, the Junior Miss Scholarship Program, the Battleship U.S.S. Alabama, and Hammerin' Hank Aaron. The city's passion for baseball has endured through its tumultuous past, marked by yellow fever, World War II prominence, and the Civil Rights Movement. Spanning from the late 1800s to the present day, Baseball in Mobile recounts the introduction of baseball to the Port City, chronicles the vast talent of Mobile natives who have influenced the sport, and introduces the players and teams of modern Mobile, many of whom are sure to become tomorrow's legends. Historic photographs of the changing baseball landscape are captured in Baseball in Mobile, showcasing the fact that while the fields, uniforms, and teams have changed, the game remains ingrained in Mobile, as constant as the bay that surrounds it.

Picture Dictionary Apr 11 2020 Over 1,000 words illustrated and defined. Delightful illustrations and clear definitions combine to make this the ideal first dictionary for young children. Words are shown in context to help children understand how they are used, and colourful alphabet strips along the edges of the pages aid navigation. There's also user-friendly information on how to use a dictionary, simple explanations of

word classes, and plenty of tips on grammar and spelling.

Wide-Open World May 05 2022 For readers of *Three Cups of Tea*; *Eat, Pray, Love*; and *Wild* comes the inspiring story of an ordinary American family that embarks on an extraordinary journey. *Wide-Open World* follows the Marshall family as they volunteer their way around the globe, living in a monkey sanctuary in Costa Rica, teaching English in rural Thailand, and caring for orphans in India. There's a name for this kind of endeavor—voluntourism—and it might just be the future of travel. Oppressive heat, grueling bus rides, backbreaking work, and one vicious spider monkey . . . Best family vacation ever! John Marshall needed a change. His twenty-year marriage was falling apart, his seventeen-year-old son was about to leave home, and his fourteen-year-old daughter was lost in cyberspace. Desperate to get out of a rut and reconnect with his family, John dreamed of a trip around the world, a chance to leave behind, if only just for a while, routines and responsibilities. He didn't have the money for resorts or luxury tours, but he did have an idea that would make traveling the globe more affordable and more meaningful than he'd ever imagined: The family would volunteer their time and energy to others in far-flung locales. *Wide-Open World* is the inspiring true story of the six months that changed the Marshall family forever. Once they'd made the pivotal decision to go, John and his wife, Traca, quit their jobs, pulled their kids out of school, and embarked on a journey that would take them far off the beaten path, and far out of their comfort zones. Here is the totally engaging, bluntly honest chronicle of the Marshalls' life-altering adventure from Central America to East Asia. It was no fairy tale. The trip offered little rest, even less relaxation, and virtually no certainty of what was to come. But it did give the Marshalls something far more valuable: a once-in-a-lifetime opportunity to conquer personal fears, strengthen family bonds, and find their true selves by helping those in need. In the end, as John discovered, he and his family did not change the world. It was the world that changed them. Praise for *Wide-Open World* "Marshall's use of rich details locates readers firmly in each time and place, enabling them to sense the adventure, wonder and joy he experienced in his surroundings and in watching his children grow into hardworking, more responsible teens, as well as the frustrations and disappointments he and his family inevitably encountered along the way. A great armchair adventure that should inspire others to consider voluntourism as a way to help others and see the world."—Kirkus Reviews "Each new location combines beautiful scenery with a dose of sentiment, a good deal of humor, and some heartfelt consideration of the human condition. . . . His philosophy may not fit everyone and the ending is bittersweet, but this is an enticing call to service."—Publishers Weekly "Wide-Open World is an adventure made up of countless small moments of human connection. It's an armchair travelogue that may well inspire you to do good off the beaten path."—BookPage "For anyone who has ever imagined what it would be like to pack up, unplug, pull the kids out of school, and travel around the world, this volunteer adventure is your ticket. *Wide-Open World* will move, engage, and inspire you, even if you never leave the couch."—Christina Baker Kline, #1 New York Times bestselling author of *Orphan Train*

Travel as a Political Act Sep 16 2020 Change the world one trip at a time. In this illuminating collection of stories and lessons from the road, acclaimed travel writer Rick Steves shares a powerful message that resonates now more than ever. With the world facing divisive and often frightening events, from Trump, Brexit, and Erdogan, to climate change, nativism, and populism, there's never been a more important time to travel. Rick believes the risks of travel are widely exaggerated, and that fear is for people who don't get out much. After years of living out of a suitcase, he still marvels at how different cultures find different truths to be self-evident. By sharing his experiences from Europe, Central America, Asia, and the Middle East, Rick shows how we can learn more about our own country by viewing it from afar. With gripping stories from Rick's decades of exploration, this fully revised edition of *Travel as a Political Act* is an antidote to the current climate of xenophobia. When we travel thoughtfully, we bring back the most beautiful souvenir of all: a broader perspective on the world that we all call home. All royalties from the sale of *Travel as a Political Act* are donated to support the work of Bread for the World, a non-partisan organization working to end hunger at home and abroad.

Hidden History of Mobile Oct 18 2020 It was an unlikely place for a city, scourged by disease-ridden mosquitos and pummeled by hurricanes. But for more than three hundred years, Mobile has thrived on the unlikely and endured the unimaginable. Mobilians love their gumbo but are likely unaware that it was first served up here by women sent from France to foster population growth. Times were once so dire for free blacks that a shocking number petitioned the courts to become slaves. The city witnessed the first operational submarine, the first Mardi Gras celebration and the last major battle of the Civil War. Author Joe Cuhaj navigates the backwaters of Mobile's fascinating history.

Volunteering in Latin America Aug 16 2020

The Back Door Guide to Short-term Job Adventures Nov 30 2021 Provides information on internships, volunteer work, and short-term jobs around the world.

Not Exactly Retired: A Life-Changing Journey on the Road and in the Peace Corps Apr 23 2021 "Not Exactly Retired" shows how Americans approaching retirement can redefine their lives and find new fulfillment by pursuing international adventure and service instead of drifting in their familiar jobs. It highlights the rewards of doing good while seeing the world. Author David Jarmul describes how he and his wife veered from their conventional American lives to wander around Nepal and the United States and serve as Peace Corps Volunteers in Moldova, Eastern Europe, in their sixties.

The 100 Best Vacations to Enrich Your Life Apr 16 2023 Packed with inviting, fun descriptions, detailed travel information, lists of unique activities, and entertaining sidebars, this unusual guide offers all the resources to ensure your next vacation won't just be time off, it will be time well spent.--[book cover]

Moon Volunteer Vacations in Latin America Sep 28 2021 *Moon Volunteer Vacations in Latin America* is the ultimate guide to the best volunteer experiences available in Latin America. Seasoned volunteer Amy E. Robertson shares her own expertise while inspiring readers to choose the right volunteer placement for their specific interests. Broken into chapters based on destination, the book gives a comprehensive overview of the best programs offered in each country and includes helpful information about housing, program costs, placement length, and much more. The countries covered include Mexico, Guatemala, Honduras, Nicaragua, Costa Rica, Panama, Colombia, Ecuador, Peru, Bolivia, Brazil, Argentina, and Chile. Robertson also shares ideas for fundraising, as well as additional sources of information on volunteering, travel, and the various destinations. From discovering the best times to go to navigating the application process to figuring out what to take, this guidebook prepares readers for all aspects of their volunteer experience, whether they're preparing a turtle hatchery in Costa Rica, teaching English in Mexico, or building a home in Brazil. *Moon Volunteer Vacations in Latin America* is a must-have for anyone looking to get involved abroad.

Africa and Australasia May 25 2021

Hoping to Help Dec 12 2022 Overseas volunteering has exploded in numbers and interest in the last couple of decades. Every year, hundreds of thousands of people travel from wealthier to poorer countries to participate in short-term volunteer programs focused on health services. Churches, universities, nonprofit service organizations, profit-making "voluntourism" companies, hospitals, and large corporations all sponsor brief missions. *Hoping to Help* is the first book to offer a comprehensive assessment of global health volunteering, based on research into how it currently operates, its benefits and drawbacks, and how it might be organized to contribute most effectively. Given the enormous human and economic investment in these activities, it is essential to know more about them and to understand the advantages and disadvantages for host communities. Most people assume that poor communities benefit from the goodwill and skills of the volunteers. Volunteer trips are widely advertised as a means to "give back" and "make a difference." In contrast,

some claim that health volunteering is a new form of colonialism, designed to benefit the volunteers more than the host communities. Others focus on unethical practices and potential harm to the presumed "beneficiaries." Judith N. Lasker evaluates these opposing positions and relies on extensive research—interviews with host country staff members, sponsor organization leaders, and volunteers, a national survey of sponsors, and participant observation—to identify best and worst practices. She adds to the debate a focus on the benefits to the sponsoring organizations, benefits that can contribute to practices that are inconsistent with what host country staff identify as most likely to be useful for them and even with what may enhance the experience for volunteers. Hoping to Help illuminates the activities and goals of sponsoring organizations and compares dominant practices to the preferences of host country staff and to nine principles for most effective volunteer trips.

A Path Appears Oct 30 2021 An exploration of how altruism affects us, what are the markers for success, and how to avoid the pitfalls—with scrupulous research and on-the-ground reporting from the Pulitzer Prize-winning journalists and bestselling authors of *Half a Sky* and *Tightrope* Kristof and WuDunn will inspire you to "change lives for the better, including your own (The New York Times Book Review). In their recounting of astonishing stories from the front lines of social progress, we see the compelling, inspiring truth of how real people have changed the world, underscoring that one person can make a difference. *A Path Appears* offers practical, results-driven advice on how best each of us can give and reveals the lasting benefits we gain in return. Kristof and WuDunn know better than most how many urgent challenges communities around the world face today. Here they offer a timely beacon of hope for our collective future.

Learning Service Oct 10 2022 "This year, over ten million people will go abroad, eager to find the perfect blend of adventure and altruism. Volunteer travel can help you find your place in the world--and find out what you're made of. So why do so many international volunteer programs fail to make an impact? Why do some do more harm than good? Learning Service offers a powerful new approach that invites volunteers to learn from host communities before trying to 'help' them. It's also a thoughtful critique of the sinister side of volunteer travel; a guide for turning good intentions into effective results; and essential advice on how to make the most of your experience."--Amazon.com.

Learning to Play With a Lion's Testicles Jan 21 2021 The cheeky title of Melissa Haynes's story of adventure in Africa, *Learning to Play with a Lion's Testicles*, earned the book some big publicity on NBC-TV/Late Night with Jimmy Fallon on September 4, 2013 where it topped the show's list of "Titles Not to Read" for September 2013. Melissa's book was also a big smash on the March 11, 2014 Ellen Show, where Ellen and guest Ricky Gervais highlighted the book throughout the entire hour. *Playing with a lion's testicles: An African saying that means to take foolhardy chances.* Melissa, an exhausted executive from the city seeks meaning and purpose from her work, and volunteers for a Big Five conservation project in South Africa. Her boss, an over-zealous ranger, nicknamed the Drill Sergeant, has no patience for city folk, especially if they're women, and tries to send her packing on day one. But Melissa stands her ground with grit and determination, however shaky it may be. Conflict soon sets the pace with a cast filled with predatory cats, violent elephants, and an on-going battle of wits with the Drill Sergeant. Even Mother Nature pounds the reserve with the worst storm in a century. But the most enduring and profound conflict is the internal battle going on within Melissa, as she tries to come to terms with the guilt surrounding her mother's death. When death grips the game reserve, it is the very animals Melissa has come to save that end up saving her. For the reader who has ever dreamed of going to Africa or knows the pain of loss and guilt, *LEARNING TO PLAY WITH A LION'S TESTICLES* will fill your soul.

Little Princes Nov 18 2020 Describes how the author's three-month service as a volunteer at the Little Princes Orphanage in war-torn Nepal became a commitment for advocacy and reform when he discovered that many of his young charges were victims rescued from human traffickers.

Managing People Jul 27 2021 Becoming a manager is not a progression in your career, it's a move into an entirely new job, one that requires a unique set of skills. Get it right and you'll inspire your team to deliver outstanding results. But get it wrong and you'll create stress, apathy and dysfunction in your team. Penguin Business Expert Simon Birkenhead has been guiding first-time and established managers for over two decades, helping them implement his blueprint for success. Here he reveals his framework that clearly explains what you must do for your employees to be the best they possibly can. Learn how to: - Activate motivation - Set clear expectations - Provide effective feedback - Master your communication skills - Build a high-performance team culture *Managing People* is your complete guide to becoming a truly great manager for whom people want to do their best work.

How to Travel the World on \$50 a Day Feb 02 2022 *UPDATED 2017 EDITION* New York Times bestseller! No money? No problem. You can start packing your bags for that trip you've been dreaming a lifetime about. For more than half a decade, Matt Kepnes (aka Nomadic Matt) has been showing readers of his enormously popular travel blog that traveling isn't expensive and that it's affordable to all. He proves that as long as you think out of the box and travel like locals, your trip doesn't have to break your bank, nor do you need to give up luxury. *How to Travel the World on \$50 a Day* reveals Nomadic Matt's tips, tricks, and secrets to comfortable budget travel based on his experience traveling the world without giving up the sushi meals and comfortable beds he enjoys. Offering a blend of advice ranging from travel hacking to smart banking, you'll learn how to: * Avoid paying bank fees anywhere in the world * Earn thousands of free frequent flyer points * Find discount travel cards that can save on hostels, tours, and transportation * Get cheap (or free) plane tickets Whether it's a two-week, two-month, or two-year trip, Nomadic Matt shows you how to stretch your money further so you can travel cheaper, smarter, and longer.

Travel Best Bets Mar 23 2021 Presents travelers advice on research, trip insurance, air travel, cruises, vehicle rentals, traveling with children, specialty travel, and safety.

Volunteer Tourism Jun 06 2022 Volunteer tourism describes a field of tourism, in which travelers visit a destination and take part in projects in the local community. Projects are commonly nature-based, people-based or involve restoration of buildings and artifacts (e.g. restoration of a Buddhist temple in Mongolia).

The Volunteer Traveler's Handbook Apr 04 2022 This edition Npart of the Traveler's Handbook series Nguides new and veteran travelers through the challenges of finding, vetting, and choosing their ideal volunteer experience all over the world.

Managing Volunteers in Tourism Mar 03 2022 Recent years have seen an explosion in research on tourism volunteering. Volunteers are an essential part of tourism, whether they are volunteering in their local museum, at a sporting mega-event, as an airport ambassador, or travelling the global as a volunteer tourist. *Managing Volunteers in Tourism* reviews the latest research to highlight the key management issues and relate them to the tourism volunteering context. It includes previously under-researched forms of tourism volunteering such as meet-and-greeters, surf life-savers, conservation, festival, and information centre volunteers and volunTourists. The book develops through three distinct sections, the first of which begins by introducing the concept of volunteering and considering the variety of volunteer forms and settings within tourism. The next part picks up the organisational approach and examines volunteer program design and planning, volunteer motivation, recruitment and selection, training and development, reward and retention, and diversity management. The final part consists of ten case studies from leading international researchers and practitioners identifying best practice and key management challenges. Real-life examples and case studies throughout this book provide an in-depth examination of the challenges facing those managing tourism volunteers, making this book indispensable for current and future managers in the tourism industry.

Volunteer Vacations Jul 19 2023 For the increasing number of people looking for ways to make a difference while on vacation, this fully updated edition is filled with in-depth information to get them ready for their adventure, including contacts, locations, costs, dates, project details, and profiles of 150 select organizations that run thousands of programs in the United States and around the world. Including new details about long-term projects and organizations specifically tailored for families, seniors, and people with disabilities, this definitive sourcebook provides a wealth of opportunities for anyone interested in taking a truly meaningful vacation and provides new anecdotes about all kinds of jobs and the positive impact they had on volunteers' lives.

Grown and Flown May 13 2020 PARENTING NEVER ENDS. From the founders of the #1 site for parents of teens and young adults comes an essential guide for building strong relationships with your teens and preparing them to successfully launch into adulthood The high school and college years: an extended roller coaster of academics, friends, first loves, first break-ups, driver's ed, jobs, and everything in between. Kids are constantly changing and how we parent them must change, too. But how do we stay close as a family as our lives move apart? Enter the co-founders of *Grown and Flown*, Lisa Heffernan and Mary Dell Harrington. In the midst of guiding their own kids through this transition, they launched what has become the largest website and online community for parents of fifteen to twenty-five year olds. Now they've compiled new takeaways and fresh insights from all that they've learned into this handy, must-have guide. *Grown and Flown* is a one-stop resource for parenting teenagers, leading up to—and through—high school and those first years of independence. It covers everything from the monumental (how to let your kids go) to the mundane (how to shop for a dorm room). Organized by topic—such as academics, anxiety and mental health, college life—it features a combination of stories, advice from professionals, and practical sidebars. Consider this your parenting lifeline: an easy-to-use manual that offers support and perspective. *Grown and Flown* is required reading for anyone looking to raise an adult with whom you have an enduring, profound connection.

Ours to Explore Nov 11 2022 In a 2014 essay that went viral, Pippa Biddle revealed the inequities and absurdities baked into voluntourism--the pairing of short-term, unskilled volunteer work with tourism. In the years since, Biddle has devoted herself to understanding the origins, intentions, and outcomes of a multibillion-dollar industry built on the premise of doing good, and she tracks that investigation in *Ours to Explore*. The flaws of voluntourism have included xenophobia, racism, paternalism, and a "West knows best" mentality. From exploitative orphanages that keep children in squalid conditions to attract donors to undertrained medical volunteers practicing their skills on patients in developing regions and to those looking for an inspiring selfie, Biddle reveals the hidden costs of the voluntourism complex. Along the way, readers meet inspiring activists and passionate community members, as well as thoughtful former voluntourists who still work to make a difference--just differently. *Ours to Explore* offers a plan for how the service-based travel industry can break the cycle of exploitation and suggests strategies for travelers who want to improve the places they visit for the long haul.

Frommer's 500 Places Where You Can Make a Difference Jul 07 2022 Inspired by the eye-opening events of 9/11, the Asian tsunami and Hurricane Katrina, more and more people are waking up to the value of service – and realizing that their vacation may be the best place to incorporate it into their hectic lives. Even more profoundly, many travelers are deciding that the best way to recharge may not be lying on a beach, but stepping outside of their normal routine to make a difference in the lives of others. The result is an experience that allows travelers to explore a culture in great depth, make new friends, and come home feeling that they have learned and benefited even more than those they have helped. The book will provide a diverse range of volunteer vacations, with most trips easily accomplished within a one or two-week vacation. Following the highly successful format of *Frommer's 500 Places To Take Your Kids Before They Grow Up*, chapters will be organized by subject, providing dozens of unique vacation ideas for any traveler: Introduction: How you know if a volunteer vacation is right for you, and what to ask Sharing your knowledge: teaching vacations Animal welfare: surveying wildlife, animal rescue Working with children: orphanages, at-risk youth, street kids Scientific research: archaeology, marine life Healing the environment: conservation work, trail building, tree planting Building better communities: construction projects and manual labor Share the health: AIDS education, working with the disabled, feeding the hungry Teaching through sport: coaching and training Bridging cultures: working with indigenous peoples, historical preservation, music Special events: becoming a festival volunteer Crossing generations: helping seniors Getting political: elections, human rights, refugee relief, community organizing Peace-building: conflict resolution and security Religious service: retreats and faith-based assistance Bringing expertise: opportunities for those with specialized skills Serving your kids: children-friendly trips that will open their eyes to the world

Marriage Meetings for Lasting Love Jun 25 2021 Most couples — because they watch so many of their peers divorce and are themselves the products of failed marriages — don't have many successful long-term-relationship role models. Parenting and communication issues are perennial, while some challenges, like increasingly 24-7 work lives and economic hardships, mark the current decade. Despite all this, psychotherapist and clinical social worker Marcia Naomi Berger asserts that most couples can make love last — they just need to learn how. Berger answers this need with a deceptively simple prescription: have an interruption-free thirty-minute (or even shorter) meeting each week and follow an agenda that includes the kind of appreciation and planning for fun that foster intimacy and pave the way for collaborative conflict resolution. Berger has refined these techniques while working with hundreds of couples — with results that are both practical and profound.

Moon Volunteer Vacations in Latin America Feb 14 2023 *Moon Volunteer Vacations in Latin America* is the ultimate guide to the best volunteer experiences available in Latin America. Seasoned volunteer Amy E. Robertson shares her own expertise while inspiring readers to choose the right volunteer placement for their specific interests. Broken into chapters based on destination, the book gives a comprehensive overview of the best programs offered in each country and includes helpful information about housing, program costs, placement length, and much more. The countries covered include Mexico, Guatemala, Honduras, Nicaragua, Costa Rica, Panama, Colombia, Ecuador, Peru, Bolivia, Brazil, Argentina, and Chile. Robertson also shares ideas for fundraising, as well as additional sources of information on volunteering, travel, and the various destinations. From discovering the best times to go to navigating the application process to figuring out what to take, this guidebook prepares readers for all aspects of their volunteer experience, whether they're preparing a turtle hatchery in Costa Rica, teaching English in Mexico, or building a home in Brazil. *Moon Volunteer Vacations in Latin America* is a must-have for anyone looking to get involved abroad.

[The 100 Best Vacations to Enrich Your Life](#) Feb 19 2021 Travel statistics say that baby boomers travel more than any other age group in America—and that an ever increasing number of them are looking for ways to spend their leisure time in substantial, meaningful ways. One especially fast-growing area of interest is the "experience-driven" or "wellness" vacation, a proactive approach based on the idea that true recreation involves positive engagement: acquiring a new skill or volunteering to share your own expertise; exercising your intellect or extending yourself in some creative, physical, or spiritual way. In response to such aspirations, this timely book showcases a broad range of the most life-enriching getaways in the U.S., Canada, and Mexico, with something for every taste and every interest. Here are programs dedicated to kayaking lessons, mountain biking, yoga instruction, and more. Perhaps you'd prefer to spend an arts and crafts holiday focused on a creative activity like cooking, painting, or woodworking. Imagine studying French in a Maine village, learning about nutrition at a historic North Carolina spa, or helping rebuild the devastated communities of the Gulf Coast. Weave a Navajo rug; make a film in New York; learn to surf in Mexico; or choose any of scores of other possibilities. Elegantly designed and packed with attractive and fun descriptions, detailed travel information, lists of unique activities, and special sidebars, this unusual resource tells you all you need to know to ensure that your next vacation won't just be time off—it will be time well spent.

Volunteer Vacations Across America: Immersion Travel USA (Immersion Travel USA) Jun 18 2023 The second book in the Immersion Travel USA series offers a one-of-a-kind examination of volunteer immersion opportunities throughout the US. Volunteer immersion means grounding oneself completely in the place, the tasks, and the people you meet along the way, while keeping your own goals in mind. Kayne profiles over 200 volunteer programs throughout the U.S., highlighting the personal stories of volunteers, and offering essential logistical information on the programs. Volunteer Vacations includes trips appropriate for families, children, teens, and senior citizens, and profiles opportunities over a wide range of categories, including community outreach, wildlife conservancy, environmental advocacy, national parks, education groups, and scientific research.

Immersion Travel USA: The Best and Most Meaningful Volunteering, Living, and Learning Excursions Jan 13 2023 Awarded the 2009 Silver Medal in the Society of American Travel Writers Foundation's annual Lowell Thomas Travel Journalism Competition: the first and only travel book devoted solely to immersion travel—volunteering, living, and learning trips within the United States! This book will absolutely change lives and the way you think about travel in the United States. Designed to be a resource and idea book, this guide provides practical information about immersion travel; special considerations and costs; how to plan and take vacations, sabbaticals, side trips, and more. There are chapters filled with candid, warm stories from travelers who have been there, done that. It's exciting to visit a national park, but it's a lifetime experience to live inside one for an extended amount of time. Help others and enjoy yourself by biking and building homes across the country. Learn the fine art of making an authentic Windsor chair. Work as a caretaker and live in a lighthouse. Care about returning the wolf to its natural habitat. Play in the High Sierra Mountains backpacking and camping.

The 100 Best Volunteer Vacations to Enrich Your Life Mar 15 2023 Provides a broad spectrum of volunteering possibilities, spanning six continents and a hundred different opportunities ranging from archaeology and tourism to humanitarian aid and conservation.

Moon Volunteer Vacations in Latin America May 17 2023 Moon Volunteer Vacations in Latin America is the ultimate guide to the best volunteer experiences available in Latin America. Seasoned volunteer Amy E. Robertson shares her own expertise while inspiring readers to choose the right volunteer placement for their specific interests. Broken into chapters based on destination, the book gives a comprehensive overview of the best programs offered in each country and includes helpful information about housing, program costs, placement length, and much more. The countries covered include Mexico, Guatemala, Honduras, Nicaragua, Costa Rica, Panama, Colombia, Ecuador, Peru, Bolivia, Brazil, Argentina, and Chile. Robertson also shares ideas for fundraising, as well as additional sources of information on volunteering, travel, and the various destinations. From discovering the best times to go to navigating the application process to figuring out what to take, this guidebook prepares readers for all aspects of their volunteer experience, whether they're preparing a turtle hatchery in Costa Rica, teaching English in Mexico, or building a home in Brazil. Moon Volunteer Vacations in Latin America is a must-have for anyone looking to get involved abroad.

Opportunities in Cuba Jun 13 2020

The Voluntourist Sep 09 2022 Ken Budd's The Voluntourist is a remarkable memoir about losing your father, accepting your fate, and finding your destiny by volunteering around the world for numerous worthy causes: Hurricane Katrina disaster relief in New Orleans, helping special needs children in China, studying climate change in Ecuador, lending a hand—and a heart—at a Palestinian refugee camp in the Middle East, to name but a few. Ken's emotional journey is as inspiring and affecting as those chronicled in Little Princes and Three Cups of Tea. At once a true story of powerful family bonds, of sacrifice, of self-discovery, The Voluntourist is an all-too-human, real-life hero whom you will not soon forget.

The 100 Best Worldwide Vacations to Enrich Your Life Jan 01 2022 Travelers are showing a huge interest in the fast-growing sector known as experiential tourism-vacations that encompass heritage, culture, nature, ecology, and soft adventure. In the footsteps of the briskly selling *The 100 Best Vacations to Enrich Your Life* featuring North American destinations, our new title extends these ardent travelers' sights to global scale. From helping to build a health clinic in Tanzania to learning massage in Thailand to aiding green turtle conservation in Belize, *The 100 Best Worldwide Vacations to Enrich Your Life* is full of fun, meaningful, and memorable possibilities.

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