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Incorporating the thinking, feeling, and behaving dimensions of human experience, the tenth edition of Corey's best-selling book helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern, and integrative approaches) and demonstrates how each

theory can be applied to two cases (Stan and Gwen). With his trademark style, he shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized counseling style. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. "This text organizes the major theories of counseling and psychotherapy in a unified format. Each chapter that presents a theory follows the same organizational format to facilitate comparison and ease of use, beginning with a brief overview of the approach and a biographical sketch of its developer, and then moving on to the theory's key concepts, therapeutic process (including therapeutic goals, the therapist's function and role, and the role of the relationship between the therapist and client), therapeutic techniques and procedures, application and current use, and strengths and limitations"-- Incorporating the thinking, feeling, and behaving dimensions of human experience, the tenth edition of Corey's best-selling book helps students compare and contrast the therapeutic models expressed in counseling theories. Corey introduces students to the major theories (psychoanalytic, Adlerian, existential, person-centered, Gestalt, reality, behavior, cognitive-behavior, family systems, feminist, postmodern, and integrative approaches) and demonstrates how each theory can be applied to two cases (Stan and Gwen). With his trademark style, he shows students how to apply those theories in practice, and helps them learn to integrate the theories into an individualized counseling style. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. A core text for courses on Theories of Counseling and Psychotherapy, this book represents an experiential approach to understanding and applying theory. It is written in a student friendly style that enables students to comprehend the various and complex theories, apply the material to their own lives (through the use of many reflective exercises in every chapter) and internalize the content of the course. The original edition was published by Pearson. The new edition will be updated and expanded. In addition, the new text will have more primary source material, theory in action boxes, and Voice of Experience boxes that feature experts from the field. In addition, a DVD of several clinicians demonstrating their theory in action will be included and sample lesson plans with primary source material, sample syllabus with class activities, a table showing how the textbook can be used to meet specific accreditation requirements, and practice quizzes for students will also be included. This is the ideal text for students who are just beginning their study of counseling and psychotherapy. From it they will secure a solid foundation in the major theories of counseling and psychotherapy--plus Eastern theories, feminist theories, body-

centered, and Rational Emotive Behavioral Theory--from twenty-three authors who are experienced in the theory they discuss. Because each theory is presented using a standard format and bolstered by a running case study, students will also come away from this text with the cross-theory comparisons they need to decide on their own course of specialized study, and determine a personal perspective on counseling. In this concise yet comprehensive book, author Samuel T. Gladding provides an overview of 15 major counseling theories. Accessible and reader-friendly, this book is perfect for counselors and therapists looking to review or learn the essentials of major theories of counseling and psychotherapy. Apply the major psychotherapy theories into practice with this comprehensive text **Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques, 2nd Edition** is an in-depth guide that provides useful learning aids, instructions for ongoing assessment, and valuable case studies. More than just a reference, this approachable resource highlights practical applications of theoretical concepts, covering both theory and technique with one text. Easy to read and with engaging information that has been recently revised to align with the latest in industry best practices, this book is the perfect resource for graduate level counseling theory courses in counselor education, marriage and family therapy, counseling psychology, and clinical psychology. Included with each copy of the text is an access code to the online Video Resource Center (VRC). The VRC features eleven videos--each one covering a different therapeutic approach using real therapists and clients, not actors. These videos provide a perfect complement to the book by showing what the different theories look like in practice. The Second Edition features: New chapters on Family Systems Theory and Therapy as well as Gestalt Theory and Therapy Extended case examples in each of the twelve Theory chapters A treatment planning section that illustrates how specific theories can be used in problem formulation, specific interventions, and potential outcomes assessment Deeper and more continuous examination of gender and cultural issues An evidence-based status section in each Theory chapter focusing on what we know from the scientific research, with the goal of developing critical thinking skills A new section on Outcome Measures that provides ideas on how client outcomes can be tracked using practice-based evidence Showcasing the latest research, theory, and evidence-based practice in an engaging and relatable style, **Counseling and Psychotherapy Theories in Context and Practice** is an illuminating text with outstanding practical value. This valuable resource offers further insight and explanation into important chapter concepts. Working through intriguing case studies and answering multiple choice questions will help you master key concepts. This unique review of therapeutic theories gives students knowledge and skills for clinical

practice while presenting key concepts that are immediately and directly applicable to their lives. Thus, *Theories of Counseling and Therapy: An Experiential Approach* bridges the gap between complex models of counseling and psychotherapy and students' own personal experiences. Readers are introduced to key ideas and concepts in the discipline and encouraged to apply them in meaningful ways as they learn. The text introduces students to theoretical "families," since many strict boundaries between approaches have softened in recent years. This approach helps students learn the material strategically, as it facilitates the linking of related concepts from different approaches. In addition to studying "classic" theories of counseling and therapy, students are introduced to more contemporary and cutting-edge approaches that take into account a greater diversity of needs among client populations. Additionally, students are provided with illustrative cases, stories, and narratives from beginning practitioners, seasoned experts, and the personalities behind the theories. They will also learn about integrative and pragmatic models that take into account the importance of cultural, worldview, spirituality, and gender sensitivity within the helping professions. This thoroughly revised and updated third edition features new applications of theories to populations with particular needs, expanded information on the translation of theoretical knowledge into practice plans and treatment goals, critical thinking exercises, and more. Both practical and personal in nature, *Theories of Counseling and Therapy* is well-suited to courses in counseling and psychotherapy theory. For a look at the specific features and benefits of *Theories of Counseling and Therapy*, visit cognella.com/theories-of-counseling-and-therapy-features-and-benefits. This is the first book to focus on counsellor beliefs and their implications for effective practice. The author details the most important beliefs that make up personal belief systems, including personal meaning, self-actualization and growth, and reveals how these beliefs affect the counselling process and the professional education of counsellors. The volume draws heavily upon modern humanistic-experiential psychology and on the author's long years of practice as a person-centred counsellor and psychotherapist. This book is laid out developmentally so that you can see how various theories of counseling and therapy have emerged: psychoanalysis and psychoanalytic theories, Adlerian therapy, existential therapy, person-centered therapy, Gestalt therapy, reality therapy, behavioral therapy, cognitive and cognitive-behavioral therapy, rational emotive behavior therapy, transactional analysis, feminist therapy, Bowen family systems therapy, strategic family therapy, and solution-focused therapy. The only text about counseling theories and techniques developed specifically for upper-level rehabilitation counseling students and practitioners, this book is now fully updated with a focus on evidence-based practice. It

reflects the great strides made in incorporating research-based knowledge into counseling/therapy interventions since the first edition's publication nearly 10 years ago. The book disseminates the expertise of many of the most esteemed leaders and academic scholars in rehabilitation counseling. These authors emphasize state-of-the-art scientific evidence that supports the effectiveness of various counseling approaches and techniques for people with and without disabilities. Get to know the origins, development, and key figures of each major counseling theory. This comprehensive text covers all the major theories in counseling and psychotherapy along with an emphasis on how to use these theoretical models in clinical practice. The authors cover the history, key figures, research base, multicultural implications, and practical applications of the following theoretical perspectives: Psychoanalytic, Individual/Adlerian, Existential, Gestalt, Person-Centered, Behavioral, Cognitive-Behavioral, Choice Theory/Reality Therapy, Feminist, Constructive, Family Systems, Multicultural, and Eclectic/Integrative. This text has case examples that bring each theory to life. The entire book has been updated with the latest research and techniques. Pedagogical features include learner objectives, "Putting It in Practice" boxes, questions for reflection, case examples and treatment planning, and chapter summaries. Every theory is examined from cultural, gender/sexual, and spiritual perspectives. The instructor supplement package includes a Respondus test bank, chapter outlines, supplemental lecture ideas, classroom activities, and PowerPoint slides. Video demonstrations corresponding to every major theory and linked to each chapter's contents. In addition, a WPLS course will be available after publication.

- Expanded video elements closely tied to sections of the text
- New visuals, including graphics, charts, and tables to facilitate student understanding of theories and how they relate to one another
- Increased coverage of multicultural and ethical issues in every chapter
- Cultural, gender, sexuality, and spiritual issues are integrated into every chapter

The Sommers-Flanagan's hands-on, practical approach emphasizes how students and practitioners can apply these theories in real-world practice. Students are empowered to develop theoretically-sound and evidence-based approaches to conducting counseling and psychotherapy. Case examples and therapist-client dialogues show how each of 12 major theories can be applied to common psychological disorders (such as depression, anxiety, and borderline disorders) or to modes of treatment (such as individual, couples, families, and groups). Each theory chapter follows a similar organizational scheme, covering goals, assessment, the therapeutic relationship, techniques, research, current trends, time-limited approaches, and multicultural and gender issues. Comparison, critique, and theoretical integration are provided in the final

chapter. **Essential Theories of Counseling and Psychotherapy: Everyday Practice in Our Diverse World** is the first book to provide an integrated presentation of relational competencies, microskills, and theories. Clear and concise, it gives an overview of current theories, presents best-known evidence-based relationships and practices, and explains how theories apply to counseling and psychotherapy. The book demonstrates theories in action through intentional, ethical, culturally-sensitive interviewing examples and exercises. It closes the gap between theory and practice through reflective exercises, case studies, in-class activities, and engaging video demonstrations. Relevant multicultural and microskills, plus neuroscience information are integrated into each chapter. Intended for an undergraduate audience, **Essential Theories of Counseling and Psychotherapy** is an ideal foundational text for courses in human services, behavioral healthcare, counseling, marriage and family therapy, pastoral counseling, psychology programs, rehabilitation services programs, social services, substance use and addictions programs, and social work programs interested in counseling and psychotherapy theories. Dr. Carlos Zalaquett is a professor in the Department of Educational Psychology, Counseling, and Special Education at The Pennsylvania State University, where he also serves as co-coordinator of the Clinical Mental Health Counseling Specialization. He is the vice president for the United States and Canada of the Interamerican Society of Psychology and the president-elect of the Pennsylvania Mental Health Counselors Association. Dr. Allen Ivey earned his doctorate in counseling at Harvard University and is distinguished university professor (emeritus) at the University of Massachusetts, Amherst. He is a past president and fellow of the Society for Counseling Psychology of the American Psychological Association, as well as fellow of the Society for the Psychological Study of Culture, Ethnicity, and Race and the Asian American Psychological Association. Dr. Mary Bradford Ivey earned her doctorate at the University of Massachusetts, Amherst. A fellow of the American Counseling Association, her elementary guidance program was named one of the top ten in the United States. She has lectured widely throughout the United States and internationally, and is the author of multiple books, chapters, and articles. **Theories and Applications of Counseling and Psychotherapy** provides students with the foundational knowledge needed to implement various therapeutic approaches in individual and family counseling. The dynamic author team of Earl J. Ginter, Gargi Roysircar Sodowsky, and Lawrence H. Gerstein presents theories through a multicultural and social justice-oriented lens, including evidence to support each theory. Students will embrace chapter concepts through vibrant illustrations and relevant examples from movies, TV shows, news articles, and other sources presented throughout. **Theories of Counseling and**

Psychotherapy is also available packaged with the Enhanced Pearson eText. To order the Enhanced Pearson eText packaged with the bound book, use ISBN 0133388735. Note: The Enhanced Pearson eText package does not include MyCounselingLab. **Theories of Counseling and Psychotherapy: Systems, Strategies, and Skills** offers an innovative look at emerging and well-established counseling theories. Organizing theories into four broad themes (Background, Emotions, Thoughts, and Actions), authors underscore key similarities and differences in each approach. Moving beyond a traditional theories book, chapters include skill development sections that connect counseling theories with clinical practice. Fully revised, this edition brings a stronger multicultural focus, includes over 400 new research references, and offers new activities to sharpen clinical understanding. Personalize learning with MyCounselingLab® MyCounselingLab is an online homework, tutorial, and assessment program designed to work with this text to engage students and improve results. Within its structured environment, students practice what they learn, test their understanding, and pursue a personalized study plan that helps them better absorb course material and understand difficult concepts.

0134391055 / 9780134391052 **Theories of Counseling and Psychotherapy: Systems, Strategies, and Skills** MyCounselingLab without Pearson eText -- Access Card Package Package consists of: 0132851709 / 9780132851701 **Theories of Counseling and Psychotherapy: Systems, Strategies, and Skills** 0134124480 / 9780134124483 MyCounselingLab without Pearson eText -- Access Card -- for **Theories Developed for helping professionals, Counseling Theory and Practice** explains what it means to be an effective helper, discusses foundations of classic counseling and psychotherapy theories, provides an overview of emerging theories, and gives students the opportunity to develop their own approaches to counseling and psychotherapy practice. The book is organized into four primary sections, each addressing theoretical schools. Section 1 explores psychodynamic approaches, including psychoanalysis, Jungian therapy, and Adlerian therapy. Section 2 is devoted to existential-humanistic approaches such as existential therapy, Gestalt therapy, and person-centered counseling, while Section 3 discusses cognitive-behavioral approaches, including behavior therapy, cognitive behavior therapy, rational-emotive behavior therapy, and reality therapy. Section 4 describes post-modern therapies and examines the relatively new approaches of narrative therapy, solution-focused brief therapy, and relational cultural therapy, a form of feminist therapy. The final chapter explores a number of more recent and emerging theories. In support of the textbook, **Counseling Theory and Practice** features a Cognella Active Learning component that provides students with videos, reflection exercises, PowerPoint slideshows, flashcards, and quizzes in a digital environment. These additional materials give students an

accessible way to study outside of the classroom in their own time and at their own pace. Informative and engaging, Counseling Theory and Practice is well-suited to courses for both pre-service professionals and those already in the field. For a look at the specific features and benefits of Counseling Theory and Practice, visit cognella.com/counseling-theory-and-practice-features-and-benefits. NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for the Enhanced Pearson eText may not be included, may be incorrect, or may be previously redeemed. Check with the seller before completing your purchase. This package includes the Enhanced Pearson eText and the bound book Provides students with the tools to apply counseling theories to relationships. Counseling Theories for Human Services Practitioners: Essential Concepts and Applications covers the major theories in counseling used in helping relationships today. This title explores counseling theories, how they develop, and how they influence perceptions and treatment of people. Each theory is applied to a single case history, showing the emphases and outcomes expected in this case. As part of the Standards for Excellence Series, this title assists students in associating CSHSE's National Standards to all levels of human service practice. Improve mastery and retention with the Enhanced Pearson eText The Enhanced Pearson eText provides a rich, interactive learning environment designed to improve student mastery of content. The Enhanced Pearson eText is: Engaging. The new interactive, multimedia learning features were developed by the authors and other subject-matter experts to deepen and enrich the learning experience. Convenient. Enjoy instant online access from your computer or download the Pearson eText App to read on or offline on your iPad® and Android® tablet.* Affordable. Experience the advantages of the Enhanced Pearson eText along with all the benefits of print for 40% to 50% less than a print bound book. *The Pearson eText App is available on Google Play and in the App Store. It requires Android OS 3.1-4, a 7" or 10" tablet, or iPad iOS 5.0 or later. 0133884759 / 9780133884753 Counseling Theories for Human Services Practitioners: Essential Concepts and Applications with Pearson eText -- Access Card Package Package consists of: 0205899218 / 9780205899210 Counseling Theories for Human Services Practitioners: Essential Concepts and Applications 0205899315 / 9780205899319 Counseling Theories for Human Services Practitioners: Essential Concepts and Applications, Pearson eText -- Access Card Written from the common factors perspective, Cognitive Behavioral Approaches for Counselors by Diane Shea is a scholarly yet engaging book that introduces the historical development, process, evaluation, and application methods of Albert Ellis' Rational Emotive Behavior Therapy (REBT) and Aaron Beck's Cognitive Behavioral Therapy (CBT). To help counselors in training

apply cognitive behavioral theories to practice, the book offers specific suggestions for how a culturally competent, contemporary proponent of REBT/CBT could integrate multicultural adaptations into his or her counseling practice, provides transcripts of actual client sessions, and presents a case study that uses REBT and CBT in treatment. Cognitive Behavioral Approaches for Counselors is part of the SAGE Theories for Counselors Series that includes Psychoanalytic Approaches for Counselors, by Frederick Redekop, and Person-Centered Approaches for Counselors, by Jeffrey H. D. Cornelius-White. Discover comprehensive coverage of leading research and theory in career psychology with the newest edition of a canonical work The newly revised and thoroughly updated third edition of Career Development and Counseling retains many features of the celebrated second edition, including in-depth coverage of major theories of career development, interventions and assessment systems across the life span, and the roles of diversity, individual differences, and social factors in career development. This new edition also covers essential new material on emerging topics like: The future of work and preparing people for work in the new economy The psychology of working theory Working with older adults and retirees Working with the unemployed and underemployed Calling, work meaning, career adaptability, and volition This book illuminates scientifically informed career practices from an interdisciplinary perspective, engaging readers with concrete strategies and practical tips for working with clients of all kinds. Drawing on vocational, industrial, organizational, and personality psychology, Career Development and Counseling is ideal for graduate students at the masters and doctoral levels in counseling, counseling psychology, counselor education, and educational psychology. Examining the historical roots, evaluations, and lasting effects of Existential, Gestalt, Behavior, Cognitive, Reality, Feminist, Family, Narrative, and Solution-Focused Therapy and much more, Theories of Counseling and Psychotherapy: A Case Approach, 3e equips students with the history and application necessary to bring theory to life. COUNSELING THEORY AND PRACTICE provides a unique, in-depth presentation of all the major theories of counseling and psychotherapy. Author Edward S. Neukrug discusses twelve theories that cover four broad conceptual approaches in the text: psychodynamic, existential-humanistic, cognitive behavioral, and post-modern. Each COUNSELING THEORY AND PRACTICE chapter provides a consistent framework to help students understand the theories and their applications, including theorist biographies, key concepts, the therapeutic process, and key words and names. The conclusion of each chapter features a member of a fictitious family, The Millers, participating in the type of therapy discussed in the chapter. A DVD, available for packaging with the text, includes short, specific clips that illustrate individual theories in action. Important Notice:

Media content referenced within the product description or the product text may not be available in the ebook version. This essential primer, amply illustrated with case studies, presents the latest research and developments in the field and explores an exciting postmodern theory and approach to career counseling. This book offers an extensive array of theories that includes all the mainstream theories as well as such contemporary approaches as narrative, feminist, and post-modern. It offers students an integrative framework with which to assess the various theories with respect to possible clinical application. This is not a book that simply lists and describes theories; rather it will compare and contrast them, showing strengths and weaknesses, in a way to help students to apply them flexibly. The book also presents self-reflection exercises throughout to reinforce student understanding of theories and to help them understand their own cognitive and affective relationship to them. In other words, students will be challenged to understand what it is about their own personalities that will lead them to accept or reject various theoretical perspectives. Finally the book constantly shows the relationship between theory building and diversity. This text provides a comprehensive overview of a variety of major counseling theories and focuses on the integration of different theoretical models. Appropriate for advanced undergraduates and graduate students, it offers a detailed description of the philosophical basis for each theory, along with historical context and a biography of the founder. Each chapter follows a similar format and explores the main features of the theory, including its approach to and ideas on personality development, human nature, the role of environment, the change process in therapy, and contributions and limitations to the mental health field. Theory-specific information on diagnosis, psychopharmacology, multicultural issues, spirituality, and gender issues is also discussed. These features will provide students with a deeper and more complete understanding of counseling theory than is available in any single resource and allow them to easily bridge classroom study to their future practice. This second edition of the text has been completely updated and includes more case examples, as well as a new chapter on Constructivist approaches. An online instructor's manual with student resources is available and offers material to enhance the pedagogical features of the text. This text provides a state-of-the-art treatment of the dominant theories and techniques of counseling and psychotherapy from a rehabilitation perspective. Written by recognized experts in their content areas, the book focuses on several knowledge domains underlying the practice of counseling in rehabilitation settings. These domains are presented within the framework of the major theoretical approaches to counseling and applications are explained as they relate specifically

to people with disabilities. Case examples are used throughout the text. Basic techniques and selected professional issues related to practice are also presented. This collection will be useful for practitioners as well as for upper-level undergraduates and graduate students in rehabilitation counseling/psychology and other rehabilitation health care disciplines such as nursing, occupational therapy, and physical therapy. Organized around the latest CACREP standards, *Counseling Theory: Guiding Reflective Practice*, by Richard D. Parsons and Naijian Zhang, presents theory as an essential component to both counselor identity formation and professional practice. Drawing on the contributions of current practitioners, the text uses both classical and cutting-edge theoretical models of change as lenses for processing client information and developing case conceptualizations and intervention plans. Each chapter provides a snapshot of a particular theory/approach and the major thinkers associated with each theory as well as case illustrations and guided practice exercises to help readers internalize the content presented and apply it to their own development as counselors. Includes video clips of counseling sessions in progress and illustrate how techniques and concepts discussed in the text are used in counselling sessions. This breakthrough edition of *Theories of Counseling and Psychotherapy: An Integrative Approach*, by Elsie Jones-Smith, sets a new standard in counseling theories books. The Second Edition goes beyond expert coverage of traditional and social constructivist theories with coverage of more contemporary approaches to psychotherapy, including individual chapters on spirituality and psychotherapy, strengths-based therapy, neuroscience and neuropsychotherapy, motivational interviewing, and the expressive arts therapies. In every chapter, the case study of a preadolescent boy demonstrates how each theory can be applied in psychotherapy. Up to date and easy to read, the book engages readers with inner reflection questions that help them apply the theories to the lives of their clients and shows them how to develop their own integrative approach to psychotherapy. In this concise yet comprehensive book, author Samuel T. Gladding provides an overview of 15 major counseling theories. Accessible and reader friendly, this book is perfect for counselors and therapists looking to review or learn the essentials of major theories of counseling and psychotherapy. Focuses heavily on contemporary approaches and cross-professional applications This book emphasizes "big picture" frameworks to conceptualize how major theories of counseling and psychotherapy operate and compare. This innovative new text presents theories using an "paradigm" framework: the organic-medical, psychological, systemic/relational, and social constructivist paradigms. . Designed to be accessible and relevant to practice, the book enhances and reinforces learning with the inclusion of learning objectives, chapter summaries, applications of

each theory in practice, and brief biographies of major theorists. The text moves beyond traditional approaches with expanded coverage of relationship-centered and post-modern theories such as Dialectic Behavior Therapy, Emotion Focused Therapy, Solution-Focused Brief Therapy, Narrative Therapy, and others. Each theory is explored in depth through the use of a student-mentor dialogue that examines and debates the challenges that arise with each theory. The book also addresses the counseling role in psychiatric case management, reflecting the growing reality of cross-professional collaboration. Practical yet rigorous, the text is a state-of-the-art introduction to contemporary approaches in counseling and psychotherapy for students in counseling, social work, professional psychology, marriage and family therapy, and related professions. Key Features: Organized by a contemporary, "big-picture" framework—"paradigms." Delivers expanded coverage of relationship-centered counseling theories Addresses contemporary approaches in depth, including postmodern theories and psychiatric case management Provides learning objectives, concluding summaries, review questions, and brief bios of major theorists Includes unique mentor-student dialogues exploring each theory and its application to practice Reflecting the latest practices from the field, the comprehensive THEORIES OF PSYCHOTHERAPY AND COUNSELING: CONCEPTS AND CASES, 6th Edition equips readers with a solid understanding of the systematic theories of psychotherapy and counseling. A proven author and popular professor, Dr. Richard Sharf combines a thorough explanation of concepts with insightful case summaries and therapist-client dialogues that illustrate techniques and treatment in practice. Dr. Sharf demonstrates how to apply theories to individual therapy or counseling for common psychological disorders—such as depression and generalized anxiety disorders—as well as how to apply them to group therapy. For major theories, the text includes basic information about background, personality theory, and theory of psychotherapy to help readers understand the application of psychotherapy theory. In addition, insight into the personal lives and philosophical influences of theorists helps explain how the theorists view human behavior. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. For practitioners and advanced students of psychotherapy, introduces the notion that the field of counseling has developed paradigms within which the prevailing theories function, and examines four of them: organic-medical, psychological, systemic-relational, and contextual. Acidic paper. Annotation copyrighted by Book News, Inc., Portland, OR

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