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Pocket Guide to the Operating Room **A Nurse's Guide for the Operating Room** **Fast Facts for the Operating Room Nurse, Second Edition** **Optimizing Resources Operating Manual** **Operating Manual Vol. 2 Spanish for Nurses** **Pocket Guide Nurses' Guide to Cancer Care** **Saunders Student Nurse Planner** **Fast Facts for the Operating Room Nurse Placement Learning in Medical Nursing, A guide for students in practice, 1** **Fast Facts for the Operating Room Nurse** *The Nurse Educators Guide to Assessing Learning Outcomes* The Nurse Educator's Guide to Assessing Learning Outcomes **100 Ways to Be a Nurse and Love It** The Healthcare Executive's Guide to Navigating the Surgical Suite: A Roadmap to the OR and Perioperative Services **Subject Guide to Selected AORN Journal Columns, 1982-1986** **Placement Learning in Surgical Nursing** A Nurse's Guide for the Operating Room **Building Your Nursing Career** **Quick Reference for Pediatric Emergency Nursing** **Nursing Today - E-Book** **Illustrated Study Guide for the NCLEX-PN® Exam** **Nurses' Guide to Teaching Diabetes Self-Management, Second Edition** **Guide to the Code of Ethics for Nurses** **Labor and Delivery Nursing** **NURSES GD FOR THE OPERATING RO** *The Nursing Student's Guide to Clinical Success* **Reading and Reviewing Research** Words of the Guardian Angel of the Children of Zion in the Second Order of the Church on the Holy Mount of God Welfare Bulletin **The Institution Quarterly** **Institution Quarterly** **Illustrated Study Guide for the NCLEX-RN® Exam** **EBook** **The Official Guide for Foreign-Educated Nurses** *School Nursing Practice* **Trained Nurse and Hospital Review** **Your First Year As a Nurse, Revised Third Edition** **Leading the Way: Busy Nurses Guide to Supervision in Long-Term Care** **Sparks and Taylor's Nursing Diagnosis** **Pocket Guide**

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Expanded and Revised, **LEADING THE WAY: THE BUSY NURSE'S GUIDE TO SUPERVISION IN LONG-TERM CARE**, 3rd Edition gives charge nurses and supervisors the tools they need to experience and create success in any long-term care environment. This easy-to-read handbook applies proven methods from the latest research, and covers everything from mentoring and motivating employees to dealing with job stress and ethical dilemmas. Succinct yet thorough, **LEADING THE WAY: THE BUSY NURSE'S GUIDE TO SUPERVISION IN LONG-TERM CARE**, 3rd Edition delivers the essentials of

management and leadership, such as team building, communication, staff development, performance issues, and organization, all with a specific, long-term care focus. New discussions on effectively managing conflict, diffusing tension with humor, and achieving work/life balance make this always-popular text even more useful for nurses, nursing assistants, and students everywhere. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. Versatile, flexible, and compact, this student planner is an unrivaled, quick-reference organizational tool for busy nursing students. It helps students manage their time and perform to their fullest potential in the classroom, during clinical sessions, and in practice. Essential pain and neurological assessment scales, as well as a variety of helpful clinical tools, are provided. Aids to Success section provides essential, concise information on medication administration, diagnostic tests, preparation of the preoperative and postoperative patient, staging of pressure ulcers, dosages and calculations, and monitoring of IV fluids. Valuable assessment tools are provided in an easy-to-access format: Glasgow Coma Scale, Body Mass Index formula, and pain assessment tools. A table of the most commonly used IV fluids is included in the section on IV use, placement, and care. Basic Spanish phrases serve as a helpful resource for nurses caring for diverse patient populations. Time management strategies help students perform to their fullest potential in the classroom, during clinical sessions, and in practice. Advice on study skills gives students the edge they need to succeed. Stress reduction techniques improve focus and increase efficiency. Space-saving, compact design provides a clean, efficient presentation. Lined Day Planner allows for scheduling flexibility and includes plenty of room for busy weekend schedules. Planning calendars help students organize and prioritize. Self-contained, customizable telephone directory provides plenty of room for both academic and personal information. Includes a fall risk assessment tool for use in determining the risk for falls of older adults, pressure ulcer risk factors, a scale of pitting edema, and a chart listing equianalgesic doses of opioids. HIPAA requirements for confidentiality are explained, with a table of Rights provided by HIPAA. JCAHO safety guidelines for surgery and safety guidelines to prevent medication errors provide the most up-to-date information for practice. A table of commonly used drugs is provided, as well as a table of lab values that should be checked prior to administration. An explanation of the incentive spirometer and its use in postsurgical patient teaching is included. NCLEX alternative format questions are offered, with explanations and examples. The only career planning book available in Canada developed specifically for nursing students! This specialized workbook has been written specifically for nursing students as a tool to assist them in the process of planning their future career. Following the Donner-Wheeler "Career Planning and Development Model", the book aims to provide students with practical advice on how to get the most from their education, and subsequently, their careers. Students will learn how to: Develop a clinical learning plan Appropriately select courses Determine a foci for course assignments Balance extracurricular activities Establish a sense of control and direction over their academic career Develop a plan for future success Building on the success of the previous two editions, the fully-updated Third Edition of Building Your Nursing Career will serve as a valuable aid to any nursing student, no matter if they are just entering school or are close to graduating. . Enhanced discussion of "Visioning" - a fundamental step in the Donner-Wheeler Career Planning and Development Model . Broader focus on learning styles and the importance of determining one's own style as a part of the Self-Assessment process . Practical advice on how to market yourself and be aware of your own projected image, including a discussion on social networking sites (Facebook, MySpace, etc.) and their new role in the hiring process . New content on e-portfolios and electronic resumes, and the importance of utilizing them as a tool in the career planning and development process . Updated discussion on mentors and their role in a student's academic career . Plenty of student examples and further resources This is an optimistic and empowering approach to the daunting task of teaching diabetes patients to care for themselves. Written by a highly respected diabetes educator who has suffered with diabetes for 25 years, the guide provides the clinical and personal expertise that will help nurses and other health professionals to successfully teach diabetes self-management and compliance to adults, children, adolescents, and parents. The book contains a vast reservoir of information ranging from a thorough overview of diabetes and the physical and emotional toll of living with the disease to number of teaching and motivating strategies that health care professionals can use to create individualized approaches to teaching self-management skills. The guide provides up-to-date information on drug therapies, nutrition management, exercise, chronic complications, glycemic control, diabetes in children, adolescents, and adults, diabetes in adults with special needs or mental illness, and diabetes noncompliance. Addressing the most important and current topics necessary for successful self-regulation and maintenance of diabetes, this innovative desk reference provides a quick guide and instructional tool for nurses and other health professionals who interact with diabetics. This new edition provides: Clinical guidance and expertise to successfully teach diabetes self-management to adults, adolescents, and children The clinical expertise of a leading diabetes educator and the hard-earned personal wisdom of an author who has suffered with diabetes for 25 years A new chapter on chronic complications that describes a multitude of helpful new treatments A greatly expanded section on nutrition and exercise Thoroughly updated chapters A "must read" chapter on noncompliance, including why this occurs and how to prevent it "Placement Learning in Medical Nursing covers the following areas: Takes a logical, step-by-step approach to preparing for learning on a medical nursing placement. Provides the principles of care, treatment and management of an individual, linking university-learned theory to clinical practice. Gives helpful evidence-based practice examples and resources to support placement learning. Identifies clinical skills that underpin care of an individual. Highlights potential learning opportunities and experiences available on a medical nursing placement. Explains how to develop your clinical portfolio by completing specific exercises and activities. Maps all activities and exercises to the NMC competencies. Advises on approaches to a range of situations that may arise as a student nurse. Adopts a case-study/patient pathway approach to consolidating learning, from pre-diagnosis, through a range of treatment options to discharge."--Publisher. "The concise, easy-to-access resource is aimed at nurses who are new to the operating room and the experienced nurses who guide them... The \$30 book contains a wealth of current, evidence-based clinical practice information that perioperative nurses need daily." --Dan O'Connor, Outpatient Surgery Magazine "This pocket-size book offers concise information for rapid reference, step-by-step instructions for perioperative practices, and evidence-

based content based on current perioperative standards and recommended practices. "Novice nurses, students, and seasoned preceptors will be delighted to learn how easily this go-to guide will provide immediate reference to perioperative practices and information, all while fitting into a pocket for easy retrieval." —Kay Ball, PhD, RN, CNOR, FAAN Associate Professor, Nursing, Otterbein University, Westerville, Ohio Past President, Association of periOperative Registered Nurses

Foreword This is a concise, easy-to-access resource for nurses who are new to the operating room (OR) and the experienced nurses who guide them. Condensing volumes of OR content into one pithy, pocket-size book, it contains a wealth of current, evidence-based clinical practice information perioperative nurses need daily. Based on current standards and recommended practices, it is organized to provide speedy access to critical information. Its lucid, step-by-step format helps new nurses to better understand the complex skills and techniques required in the OR. Focusing on safety and specific patient interventions, orientation information including supplies needed and important protocols is covered. It addresses personal and patient preparation, environmental concerns, and documentation requirements, and describes the wide range of specific technical skills needed by both circulating and scrub nurses. Each chapter introduces concepts and sets clear learning objectives. Also included is an overview of the most common surgical procedures. New perioperative nurses in orientation and their preceptors will find this book to be a welcome addition to the learning process.

Key Features: Provides must-have OR orientation information for new nurses and their preceptors Contains key information on patient preparation, aseptic technique, surgical procedures, anesthesia considerations, and documentation Based on the most up-to-date evidence in the literature Includes Fast Facts in a Nutshell feature to reinforce important information ANA's Guide to the Code of Ethics for Nurses: Interpretation and Application is a must-have for nursing students and conscientious nursing professionals who currently refer to and utilize the Code in their daily nursing practice. This book guides nurses in understanding the specific implications of the ANA Code of Ethics for Nurses. Each chapter discusses a single Code provision, including its: History, Purpose and theory, Application, Case studies and examples.

— from back cover. "[This book] will serve as your guide before and after you come to the United States. [A] 'must-read' for every nurse who is contemplating migrating to the U.S." —Diana J. Mason, PhD, RN, FAAN This book is the only guide to the United States health care system for nurses immigrating to this country as well as foreign-educated nurses who are already here. The contributors provide a wealth of insight on how to address the challenges of being a foreign-educated nurse in the United States. Nurses can learn what is expected of them, how to prepare for the journey to the United States, and how to adapt to their new communities. The book can help foreign-educated nurses understand the health care system as well as their rights and roles within that system. Written in simple, accessible language, the guide will address the topics and issues that foreign-educated nurses care about, including living in the United States as a foreign-educated nurse, nursing practice in the United States, and the U.S. health care system. Key topics discussed: Preparing to leave the home country The process of entry into the U.S.A. Nursing education in the U.S.A. Understanding the U.S. health care system Employment challenges and guidelines for entering the U.S. workforce Foreign-educated nurses' roles, rights, and obligations Most importantly, this book will help foreign-educated nurses learn how to avoid being misunderstood by others, form enduring relationships with American colleagues, and join them in working to improve the quality of health care in this country—and worldwide. "I am thrilled with the second edition of [this] book to guide seasoned preceptors, students, novice nurses, and novice CSTs through orientation in the perioperative setting...Take advantage of this book. Read it, highlight it, and keep it with you always!" —Caroline Kaufmann, RN, CNOR Program Director and Clinical Coordinator Surgical Technology Nassau Community College

From the Foreword With essential information needed daily to provide optimal care to every patient, the guide condenses volumes of operating room content into one pocket-sized companion. The second edition of this nursing mentor—for novice perioperative nurses in orientation and their preceptors—is newly updated to reflect the 2017 AORN guidelines with current, evidence-based clinical practice knowledge in an easy-to-use format. A well-organized text with evidence-based directives on current perioperative standards, this handy resource covers patient safety, the surgical environment, critical thinking, immediate decision-making, and perioperative skills. Complex skills and techniques are broken down into a simple, easy-to-follow bulleted format encompassing all key knowledge areas for perioperative nurses. Each chapter introduces concepts and sets clear, learning objectives. The guide reinforces requisite knowledge with self-assessment questions, and the Fast Facts feature offers bite-size tips and tricks highlighted for easy access.

New to the Second Edition: Fully updated in accordance with 2017 AORN Guidelines Hand hygiene Minimally invasive surgery Patient information management Surgical smoke safety Safe use of energy-generating devices Hypothermia Sterilization and Central Processing regarding Flexible Endoscopic Processing Robotic surgery Moderate sedation for RNs Surgical attire

Key Features: Provides must-have OR information for new nurses and their preceptors Contains key knowledge on patient preparation, aseptic technique, surgical procedures, anesthesia considerations, and much more Published in convenient pocket size for information at a moment's notice Includes Fast-Facts-in-a-Nutshell feature reinforcing key orientation information Based on the most up-to-date evidence in the literature Surgical services carry some of the highest risks and rewards of all healthcare specialties. They also present specific challenges. Those unfamiliar with the surgical suite's inner workings may struggle to lead and manage this complex and often isolated department. The Healthcare Executive's Guide to Navigating the Surgical Suite: A Roadmap to the OR and Perioperative Services provides experienced and novice healthcare leaders with the information, leadership structures, and practical strategies needed to successfully oversee both patient outcomes and balance sheets. This book covers contemporary market realities, business challenges, labor requirements, and clinical and operational complexities as it points leaders toward the most pressing issues in strategic surgical services leadership. The only pocket-sized clinical reference exclusively devoted to pediatric emergency nursing, the QUICK REFERENCE is a primary resource for information on a wide variety of pediatric nursing presentations, procedures, medications, treatments, and more! A user-friendly, modified outline format makes this a handy guide for all emergency room nurses. The Nursing Student's Guide to Clinical Success is the perfect resource for undergraduate nursing students entering the clinical side of their education. This text helps students better understand their role as a health care provider by preparing them for what they will encounter on the

clinical floor in hospital or other health care setting. The first text of its kind, this shows students how to get the most out of a clinical experience. There are more than 100 areas of specialization in Nursing. Interestingly, this came as a discovery to me even as a Registered Nurse. Each area is so unique and can give you a sense of fulfillment while creating room for career growth. A lot of time when a nurse is seen, the first thing that comes to mind is hospital rooms and patients' bedside. As much as this is true and remarkable, there are more than 100 other ways to be a nurse and love it. Examples are Flight Nurse, Nurse Educator, Nurse Actor and so many others as you will see in this book. "Where was this book when I was a new nurse just learning the ropes of labor and delivery? This is a true gem of a book-a must for any new grad going into labor and delivery. I recommend this book for every labor and delivery floor." Cindy Curtis, RNC, IBCLC, CCE Former Director, The Family Birth Center Culpeper Regional Hospital Lignum, VA "The best one stop reference book for the experienced and noviced Labor and Delivery RN....Finally an excellent Labor and Delivery book by RN's -- for RN's." Garla DeWall, RNC Presbyterian Hospital in the Family Birthing Center Albuquerque, New Mexico Labor and delivery nursing requires critical thinking, constant caring, teamwork, and communication. As the first line of defense to prevent injury, labor and delivery nurses take on some of the most difficult and trying challenges in the delivery room. Murray and Huelsmann present this clinically oriented guide to help labor and delivery nurses make wise decisions in the delivery room. The authors provide a wealth of insight on how to maximize both maternal and fetal outcomes. This book provides authoritative guidance on intervention options, creation of patient-centered plans of care, and improved communication with other members of the obstetrics team. Special Features: Explains the stages and phases of delivery, pain management, patient assessment, and much more Features references, relevant graphics, skills checklists, and review questions at the end of each section Useful for RNs new to the field, seasoned practitioners looking for updated methods and data, and nurses preparing for certification and licensure With this book, nurses will gain the confidence and competence to approach labor and delivery challenges with care and efficiency. Written for perioperative nurses, surgical technologists, and students in these disciplines. Features extensive coverage of minimal access surgery, including endoscopic procedures for multiple specialties, microsurgical techniques, and instrumentation for these procedures. Describes equipment and instrument trays, including pediatric trays. Addresses the roles of the registered nurse and the surgical technologist in the perioperative environment. Provides charting/documentation of care to comply with medicolegal requirements. Includes a Surgical Assessment and Perioperative Checklist, and a Preoperative Care Plan adaptable to the individual patient, complete with areas that focus on nursing care and desired outcomes. Fits in a lab coat pocket for immediate reference. Testing Strategies for the NCLEX-PN Examination chapter addresses the challenges of the Next Generation NCLEX® and provides targeted strategies for success. UNIQUE! Mnemonic cartoons provide a fun, easy way to review and remember key nursing concepts and disease processes. More than 2,000 review questions on the companion Evolve website are available in both study and quiz modes and separated by content area, allowing customized review based on personal study needs. Examples of Next Generation NCLEX-style questions on the companion Evolve website familiarize you with these new types of questions. Answers and rationales are provided for all review questions. Test Alert! boxes highlight key concepts frequently found on the NCLEX examination. Alternate item format questions on the companion Evolve website prepare you for these question types on the NCLEX examination. UNIQUE! Appendixes for each chapter summarize medications and nursing procedures for quick reference. Nursing Priority boxes make it easier to distinguish priorities of nursing care. Pharmacology tables make key drug information easy to find, with high-alert medications noted by a special icon. Special icons distinguish pediatric and adult disorders and identify content on self-care and home care. A separate chapter on pharmacology and medication administration helps you focus on this area of emphasis on the NCLEX examination. The Nurse Educator's Guide to Assessing Learning Outcomes, Third Edition is a widely-used resource for both faculty and nursing education students that covers the assessment of critical thinking, the development of learning objectives, and the creation of tests, including detailed tips for writing many kinds of individual test items. The book also covers the analysis of test reliability. Examples of effective and ineffective test items are included throughout to help faculty and nurse educators deepen their understanding of how to create effective tests and assess student learning. This new edition addresses the increased pressure that NCLEX and other certification exams are placing on nursing students and faculty, and reflects the most recent updates to the NCLEX Detailed Test Plan. Each chapter has been updated with timely information and examples. "Provides instructors with a comprehensive, in-depth guide to creating effective classroom exams. Nurse educators will learn how to craft reliable and valid assessment materials ranging from multiple-choice exams and true-false tests to matching exercises and essay responses. Hundred of sample test questions, as well as detailed scoring rubrics, serve as invaluable resources for educators preparing their students for successful careers in nursing. Additionally, the text delves into the pedagogy behind Bloom's taxonomy, how to gauge the difficulty level of questions, and how to revise questions to increase their cognitive challenge. This revised edition is an essential guide for developing questions that require students to think critically and features a chapter on NCLEX test question development"--Résumé de l'éditeur. Bringing together her extensive clinical experience and information from authoritative sources, Kirkpatrick offers nurses a complete, up-to-date guide to the integrated practice of nursing for cancer patients. She provides information on cancer epidemiology and the microbiology and physiology of the cancer process, plus clear instructions on, for example, the clinical management of specific types of cancer and types of chemotherapy. The broad background and detailed information on procedures will serve as a basis for comprehensive cancer nursing care at a primary provider or management level. Appropriate as a text, reference, or study guide, Nurses' Guide to Cancer Care covers all the specific content required for the Oncology Nursing Certification examination. Who says studying for the NCLEX® can't be fun? Illustrated Study Guide for the NCLEX-RN® Exam, 11th Edition uses colorful drawings and mnemonic cartoons to help you review and remember the nursing content found on the NCLEX-RN examination. A concise outline format makes it easier to study key facts, principles, and applications of the nursing process. More than 2,500 NCLEX exam-style questions on the Evolve website allow you to create practice exams, identify your strengths and weaknesses, and review answers and rationales. Written by noted NCLEX expert JoAnn

Zerwekh, this study guide provides a visual, unthreatening way to prepare for success on the NCLEX-RN exam. More than 2,500 review questions on the Evolve website allow you to practice test-taking in Study or Exam mode. UNIQUE! Mnemonic cartoons provide a fun, easy way to review and remember key nursing concepts and disease processes. UNIQUE! Integrated systems approach incorporates pediatric, adult, and older adult lifespan considerations for basic nursing care concepts. UNIQUE! Appendixes in each chapter summarize diagnostic tests, medications, and nursing procedures for quick reference. Answers and rationales are provided for all review questions. Alternate item format questions on Evolve prepare you for the interactive question types on the NCLEX examination, including priority, drag-and-drop, and hot-spot questions. Priority Concepts at the beginning of each chapter focus your attention on the chapter's key nursing concepts. Nursing Priority boxes make it easier to distinguish priorities of nursing care. Test Alert boxes highlight concepts frequently found on the NCLEX test plan. Pharmacology tables make key drug information easy to find, with high-alert medications noted by a special icon. Special icons distinguish pediatric and adult disorders, and identify Self-Care and Home Care content. NEW! Patient Scenarios and Next Generation NCLEX® (NGN) Examination-Style question types on the Evolve website provide practice with these new types of questions. NEW! Review of the NCSBN's clinical judgment model and six cognitive skills helps to prepare you for the nursing profession and taking the NCLEX-RN® examination. NEW! Pediatric content is moved into a separate new chapter and organized by body systems. This work has been selected by scholars as being culturally important, and is part of the knowledge base of civilization as we know it. 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As a reproduction of a historical artifact, this work may contain missing or blurred pages, poor pictures, errant marks, etc. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant. Make a smooth transition from nursing school into the practice setting with Nursing Today, 11th Edition! With this book, you will gain a solid understanding of the issues and trends that affect the nursing profession. Not only will you graduate with patient care skills, but you will advance your career with insights into writing a resume, interviewing, finding a job, and obtaining specialty certifications. This edition takes a deeper look into topics such as workplace bullying, conflict management, cultural and spiritual awareness, and the new question types found on the Next Generation NCLEX® examination. Written by well-known nursing educators JoAnn Zerwekh and Ashley Zerwekh Garneau, this easy-to-read text prepares you for success on the NCLEX-RN® exam and in professional nursing practice. Thorough coverage prepares you for a professional career with an introduction to historical and present-day nursing as well as legal, ethical, political, and workplace issues. Learning objectives, humorous cartoons, and a pithy quote introduce the content in each chapter. Critical Thinking boxes ask you to apply your knowledge to the practice setting. Coverage of QSEN competencies addresses effective communication, team building, evidence-based practice, patient safety, and quality assurance. Tips for transitioning into the workplace are included in chapters such as NCLEX-RN® Exam and the New Graduate, Employment Considerations: Opportunities, Resumes, and Interviewing; and Mentorship, Preceptorship, and Nurse Residency Programs. Career advancement tools include time management, communication and delegation, how to write an effective resume, interviewing tips, guidelines for using social media, attaining certification in a nursing specialty, and self-care strategies. Evidence-Based Practice boxes summarize practice Issues, implications for nursing practice, and the references for the evidence. Research for Best Practice boxes highlight the research evidence that supports clinical practice. Are you unsure about your surgical nursing placement? Do you need guidance on what to prepare to get the most out of your practice learning? Will you have the range of skills to care for people undergoing surgery? What learning opportunities will there be to meet your competencies? How can you maximize your learning during this placement? This book will help you with all these concerns. It will advise you on what to expect from the placement, what you can learn, how to link theory and practice, and how to make the most of your learning opportunities and meet your competencies. Takes a logical, step-by-step approach to preparing for learning on a surgical placement Provides an introduction to the principles of care, treatment and management of an individual undergoing surgery, linking university-learned theory to clinical practice Gives helpful evidence-based practice examples and resources to support placement learning Identifies clinical skills that underpin care of a person undergoing surgery Highlights potential learning opportunities and experiences available on a surgical nursing placement Explains how to develop your clinical portfolio by completing specific exercises and activities Maps all activities and exercises to the NMC competencies Discusses the possible challenges that may arise during a surgical placement and advises on approaches to a range of situations Adopts a case study/patient pathway approach to learning, from pre-admission to discharge. Series features: A unique guide to getting the most from clinical placements How to prepare for your placement What you can expect to learn during a placement Clear links to, and examples of, achieving NMC competencies

Guidance on what to use as evidence for your portfolio Case studies that link theory with practice How to consolidate your experience and learn from the placement Tips, activities, further reading suggestions and useful websites. Worried about your next placement? Will you 'fit in'? Will you have the right skills? What do you need to learn to meet practice assessments? This series will help you with all these concerns. It will tell you what to expect from each placement, what you can learn, how to link theory and practice, and how to make the most of your learning opportunities. This is the only series specifically for student nurses undertaking specific practice placements, and will give you all the information you need in a user-friendly format. Each book in the series covers a specific area of practice for a typical placement on a pre-registration nursing course. Titles in this series: Surgical nursing Medical nursing Cancer and palliative care nursing Mental health nursing Community care nursing Older people nursing Each book also covers: A unique guide to getting the most from clinical placements What to expect before a placement What you can expect to learn on placement How to consolidate your experience and learning Clear links and examples with NMC proficiencies Guidance on what to use as evidence for portfolios Short case studies to link theory with practice Key points reminder boxes This classic primer takes nurses inside the hospital, the exam room, and the locker room to help you survive and thrive on the job—now updated for the post-pandemic world. “A must-read guide for new nurses and even those who have been practicing for years.”—Echo Heron, R.N., New York Times bestselling author of Intensive Care In this thorough, readable guide, Donna Cardillo, known as “The Inspiration Nurse,” pulls back the curtain on what it’s really like for first-year nurses, with practical tips for navigating the healthcare system as a new member of the workforce in a world that looks vastly different from ever before. Drawing on her thirty-year nursing career and brand-new insights and perspectives from real healthcare workers, Cardillo shows nurses how to use the principles of self-care, assertiveness, and mindfulness to navigate the interpersonal dynamics that are so key to nursing success and preserve their own longevity in the field. New graduates, second-career nurses, and healthcare workers of all kinds will learn to: • find a job that’s a perfect fit • navigate clinical settings with confidence • develop positive relationships with physicians, patients, and co-workers • stay upbeat, deal with conflict and adversity, and avoid burnout With newly updated material on holistic patient care, empowerment, wellness practices, and cultivating resilience, Your First Year as a Nurse is an essential guide for nurses and healthcare workers looking to survive and thrive in today’s health-services landscape. This volume offers a quick guide to authoritative plans of care for the most up-to-date NANDA International (NANDA-I) approved nursing diagnoses. Review Guides/Certification Prep/Pocket Guides

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