

honest with who they are and how their personal experiences have shaped their perceptions of others. It is a resource for analyzing current events related to social justice, race, equity, and other provocative topics that one may find themselves in too much of a perplexed state of silence to discuss. It includes tools for self-reflection, inquiry, and engaging in productive discourse. These tools will prepare the reader to speak out on today's issues in an informed way, based on their own experiences, while still conveying an unbiased stance. With the artistic development of Siobhan Vicens, *Soundless Cries Don't Lead to Healing* has been designed to be used anywhere from the classroom to a coffee shop. This book is a first edition, in the style of a zine, completed and formatted by the hands and heart of the author. Learn how to dramatically reduce the waste you produce—and your stress levels—one sanity-saving step at a time in this accessible, practical guide from the creator of The Zero Waste Collective. “You’ll feel inspired by McKenna’s thorough and accessible approach to understanding the why and how of reducing waste.”—Julia Watkins, author of *Simply Living Well Say goodbye to your bursting toiletries bag, fast fashion, and all the plastic crowding your pantry. It's time to build less trashy habits for a more sustainable and ethical life. With relatable stories, compassion, and a realistic perspective, Tara McKenna will show you how in this ultimate guide to going zero waste(ish). We're all trapped in a wasteful convenience-based cycle, but Don't Be Trashy offers an alternative: an approach to reducing waste that emphasizes progress over perfection. McKenna guides you month by month through a year of reducing consumption, covering:*

- Decluttering and turning off the flow of stuff into your home
- Breaking up with fast fashion and developing a capsule wardrobe
- Cutting off your supply of single-use plastic in your kitchen, cleaning supplies, and bathroom
- Investing in home goods that'll last for decades without breaking the bank
- And more!

Ultimately, it's about changing your mindset to one of minimalism and conscious consumption—a mindset that's as good for your wallet and your well-being as it is for the planet. Don't Be Trashy will guide you to your best life—one with less waste and more joy! Once an inexpensive gift often given away, Depression glass is one of today's most sought after collectible. This essential guide gives collectors current market values for more than 10,000 items that often carry sentimental, as well as financial value. This comprehensive guide delivers double the photos as previous editions, as the most specific identification process of any guide on the market today. In this book, expert and beginning glass collectors will find:

- 1,000 detailed color photos and line drawings of 170 patterns help with identification and pattern recognition
- Background information to help collectors to savvy sellers and buyers in the more than 7,000 daily eBay auctions devoted to Depression glass
- A library showcasing the evolution of plate shapes over the years

THE WOMEN HAVE WON! WOMEN'S LIBERATION IS HERE TO STAY! A JET PILOT'S GUIDE TO MALE HOME MAKING is a humorous look at one of the biggest sociological upheavals in world history—the great change in sexual roles during the last 30 years. The book examines shopping, cooking, child-raising, and other vocations once considered domains of the opposing gender. Included is a chapter on "Emergency Procedures" similar to that in an Air Force flight manual. Women, as much as men, will enjoy the often crazy, convoluted, and always funny experiences and "how-to" advice filtered through the macho mind of a jet pilot. **UNIVERSITY EDITIONS** A gigantic guide to command blocks, redstone, mods, and more! **The Giant Book of Hacks for Minecrafters** teaches Minecrafters everything they need to know about manipulating and programming command blocks within Minecraft, manipulating redstone to make amazing contraptions and machines, how to add modifications to their Minecraft game, and more! Other tips will help gamers: Make their own custom maps and mini-games Build essential redstone logic gates, loops, and circuits Explore today's range of modded Minecraft play, from the must-haves to the fanciful And much, much more! Packed with expert tips, cheats, and hacks! This guide shows users exactly how the experts wield command blocks and make fun modifications (like giving and getting loot and customizing villagers), wield redstone power and build classic and crazy contraptions (like automatic doors and furnaces, and hidden traps and staircases), and keep their games new and exciting with mods (from utilities to full-fledged gameplay extensions and modpacks). Hundreds of screenshots help readers follow along with each tip, step-by-step, to master the Minecrafting world. This research guide includes practical instructions for graduate students and research assistants on the process of research planning and design, data collection and analysis and the writing of results. It also features chapters co-written by advanced research students providing real-world examples. Prepared for use with textbook: *Geography: realms, regions, and concepts* / H.j. de Blij [and] Peter O. Muller. The second novella in T. Frohock's *Los Nefilim* series—following *In Midnight's Silence—Without Light* or *Guide* continues Diago's journey through a world he was born into, yet doesn't quite understand. The fate of mankind has nothing to do with mankind... Always holding themselves aloft from the affairs of mortals, Los Nefilim have thrived for eons. But with the Spanish Civil War looming, their fragile independence is shaken by the machinations of angels and daemons...and a half-breed caught in-between. For although Diago Alvarez has pledged his loyalty to Los Nefilim, there are many who don't trust his daemonic blood. And with the re-emergence of his father—a Nefil who sold his soul to a daimon—the fear is Diago will soon follow the same path. Yet even as Diago tries to prove his allegiance, events conspire that only fuel the other Nefilim's suspicions—including the fact that every mortal Diago has known in Barcelona is being brutally murdered. What is it about conflict that causes all of us to shy away? Why is it so difficult? What if there was a step-by-step process to guide us through conflict and create a deeper connection at the same time? And what if the principles learned could enhance all communication? In *The Pledge of a Lifetime*, follow Jake and Lisas story and discover how to transform tense confrontations into rich conversations. Watch family dynamics improve as everyone works together to communicate in a manner governed by love. From his years of conflict resolving experiences, Mark Oelze leads you into the counselors office between the covers of this book, where you will learn the keys to process any conflict, big or small. Fear no longer has to hold you back. Work the **PLEDGE** to build strong healthy communication with love as your highest goal! Mark is a gifted counselor, speaker and teacher. Perhaps his most important teaching is the **PLEDGE** message tool to resolve conflict and enhance all relationships. I highly recommend Mark and his book, *The Pledge of a Lifetime!* Ken Canfield, PhD, founder of the National Center for Fathering Mark delivers a great story with the added bonus of practical and life-giving principles to revolutionize the way couples communicate through a heart of love. Jo Lynn Bright, LCMFT I laughed. I cried. I lamented my own failings. And I left longing for deeper connection with my wife and kids. Thanks, Mark! Phil Mershon, MDiv, MABC Gary Player is one of golf's greatest champions. As one of the “Big Three” of golf's golden era (with Jack Nicklaus and Arnold Palmer), he helped launch golf as a major international sport. He sits fourth on the list of most major victories on the PGA Tour, and he built a reputation of being fearless on the course and steely on the greens. Now in its second edition, revised and updated, *Don't Choke is Player's* look at what it takes to achieve success when the pressure is on. Player explains how and why he became a champion and what it takes to win in big-time golf, but he also explains how learning to cope in high-pressure situations can help anyone. This book is not all about golf. Player has had a long, successful career in business since his playing days—designing golf courses, marketing golf equipment and sportswear, and more. If you want to do better in a boardroom or in your next job interview, Player's advice will help. This glimpse into the mind of a champion offers lessons to everyone who faces pressure. Skyhorse Publishing, as well as our Sports Publishing imprint, is proud to publish a broad range of books for readers interested in sports—books about baseball, pro football, college football, pro and college basketball, hockey, or soccer, we have a book about your sport or your team. In addition to books on popular team sports, we also publish books for a wide variety of athletes and sports enthusiasts, including books on running, cycling, horseback riding, swimming, tennis, martial arts, golf, camping, hiking, aviation, boating, and so much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to publishing books on subjects that are sometimes overlooked by other publishers and to authors whose work might not otherwise find a home.

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