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The Ethics of Pregnancy, Abortion and Childbirth *Occupational Health Problems of Pregnant Women* **The Captured Womb Birth Settings in America** *The Healthy Pregnancy Book* **Black, Pregnant and Loving It** *Clinical Research Involving Pregnant Women* **Policing the Womb** *Knock Me Up, Knock Me Down* *Childbirth Across Cultures* *Pregnancy For Dummies* *Perception of Body Image of Pregnant Women and Nonpregnant Women* **Prenatal and Postnatal Care** **Drugs During Pregnancy and Lactation** **Weight Gain During Pregnancy** *The Big Fat Activity Book for Pregnant People* **Exercising Through Your Pregnancy** **Sanctioning Pregnancy** *Going It Alone* **The Human Placenta** *Pregnancy, Childbirth, Postpartum, and Newborn Care* **Your Pregnancy Week By Week 5th Edition** **Pregnant Pictures** *CDC Yellow Book 2018: Health Information for International Travel* **Pregnancy-Related Anxiety** **Diary of a Pregnant Lady** **Feng Shui Mommy** *Exploiting My Baby* **Pregnant for 100 Years** *HIV Screening of Pregnant Women and Newborns* **A Guy's Guide To Pregnancy** **Pregnant Women on Drugs** *The Relationship Between Body Image of Pregnant Women and Their Length of Gestation* **Babygate** *Essential Anatomy & Physiology in Maternity Care* *A Study of Pregnant Women as Unemployment Insurance Claimants in New York State* **The Morning Sickness Companion** **The Role of Pregnancy Nutrition in Maternal and Offspring Health** *Reproductive Health in Developing Countries* **Pregnancy in Practice**

It's frustrating and a nuisance--and it can be a major obstacle to experiencing the joy of pregnancy. But morning sickness doesn't always strike in the morning, and for many women it doesn't even strike--it's an ever-present part of their pregnancy, with symptoms ranging from mild nausea and exhaustion to crippling depression and physical illness. We all know the standard suggestions--crackers and tea, Jell-O and ginger ale--but when they don't seem like enough, what can women really do to manage their symptoms and recover the happiness their pregnancy should bring? As debilitating as morning sickness is, we don't hear much about it. But finally, just when it seems as though there's nothing out there, women have somewhere to turn. Elizabeth Kaledin's *The Morning Sickness Companion* is a book by and for women suffering morning sickness. Morning sickness is a reality of pregnancy--many women are affected--and this book is dedicated to them. It fills a major void in pregnancy literature, providing a brief history of morning sickness, all the latest scientific thinking, research on its emotional toll, and lots of reassuring tips and advice from other women about what they ate, how sick they really were, sources of relief, and how to survive, since the fact is it is nearly inevitable. Engaging, warm, often funny, and always informative, *The Morning Sickness Companion* offers women who are suffering the wisdom and comfort they really need. There are a multitude of books out there about pregnancy and the moments leading up to it, but very few give you the real deal, nitty-gritty, lowdown, real truths about being pregnant. This quick, lighthearted, easy read will keep you chuckling and get you through those not-so-glamorous moments of your pregnancy. As women of childbearing age have become heavier, the trade-off between maternal and child health created by variation in gestational weight gain has become more difficult to reconcile. *Weight Gain During Pregnancy* responds to the need for a reexamination of the 1990 Institute of Medicine guidelines for weight gain during pregnancy. It builds on the conceptual framework that underscored the 1990 weight gain guidelines and addresses the need to update them through a comprehensive review of the literature and independent analyses of existing databases. The book explores relationships between weight gain during pregnancy and a variety of factors (e.g., the mother's weight and height before pregnancy) and places this in the context of the health of the infant and the mother, presenting specific, updated target ranges for weight gain during pregnancy and guidelines for proper measurement. New features of this book include a specific range of recommended gain for obese women. *Weight Gain During Pregnancy* is intended to assist practitioners who care for women of childbearing age, policy makers, educators, researchers, and the pregnant women themselves to understand the role of gestational weight gain and to provide them with the tools needed to promote optimal pregnancy outcomes. This book

discusses 'how' to respectfully and responsibly include pregnant women in clinical research. In sharp contrast, the existing literature predominantly focuses on the reasons 'why' the inclusion of pregnant women in clinical research is necessary - viz., to develop effective treatments for women during pregnancy, to promote fetal safety, to reduce harm to women and fetuses from suboptimal care, and to allow access to the benefits of research participation. This book supports the shift to a new default position, whereby pregnant women are included in clinical research unless researchers argue convincingly for their exclusion. This shift raises many as yet unexplored ethical and policy questions about existing barriers to the equitable inclusion of pregnant women in research. This book is original in three key ways. First, it presents an unparalleled depth of analysis of the ethics of research with pregnant women, bringing together many of the key authors in this field as well as experts in research ethics and in vulnerability who have not previously applied their work to pregnant women. Second, it includes innovative theoretical work in ethics and disease specific case studies that highlight the current complexity and future challenges of research involving pregnant women. Third, the book brings together authors who argue both for and against including more pregnant women in formal clinical trials. **THE ESSENTIAL WORK IN TRAVEL MEDICINE -- NOW COMPLETELY UPDATED FOR 2018** As unprecedented numbers of travelers cross international borders each day, the need for up-to-date, practical information about the health challenges posed by travel has never been greater. For both international travelers and the health professionals who care for them, the *CDC Yellow Book 2018: Health Information for International Travel* is the definitive guide to staying safe and healthy anywhere in the world. The fully revised and updated 2018 edition codifies the U.S. government's most current health guidelines and information for international travelers, including pretravel vaccine recommendations, destination-specific health advice, and easy-to-reference maps, tables, and charts. The 2018 Yellow Book also addresses the needs of specific types of travelers, with dedicated sections on: · Precautions for pregnant travelers, immunocompromised travelers, and travelers with disabilities · Special considerations for newly arrived adoptees, immigrants, and refugees · Practical tips for last-minute or resource-limited travelers · Advice for air crews, humanitarian workers, missionaries, and others who provide care and support overseas Authored by a team of the world's most esteemed travel medicine experts, the Yellow Book is an essential resource for travelers -- and the clinicians overseeing their care -- at home and abroad. Sexually transmitted diseases, unintended pregnancies, infertility, and other reproductive problems are a growing concern around the world, especially in developing countries. *Reproductive Health in Developing Countries* describes the magnitude of these problems and what is known about the effectiveness of interventions in the following areas: Infection-free sex. Immediate priorities for combating sexually transmitted and reproductive tract diseases are identified. Intended pregnancies and births. The panel reports on the state of family planning and ways to provide services. Healthy pregnancy and delivery. The book explores the myths and substantive socio-economic problems that underlie maternal deaths. Healthy sexuality. Such issues as sexual violence and the practice of female genital mutilation are discussed in terms of the cultural contexts in which they occur. Addressing the design and delivery of reproductive health services, this volume presents lessons learned from past programs and offers principles for deciding how to spend limited available funds. *Reproductive Health in Developing Countries* will be of special interest to policymakers, health care professionals, and researchers working on reproductive issues in the developing world. This book will explore the childbirth process through globally diverse perspectives in order to offer a broader context with which to think about birth. We will address multiple rituals and management models surrounding the labor and birth process from communities across the globe. Labor and birth are biocultural events that are managed in countless ways. We are particularly interested in the notion of power. Who controls the pregnancy and the birth? Is it the hospital, the doctor, or the in-laws, and in which cultures does the mother have the control? These decisions, regarding place of birth, position, who receives the baby

and even how the mother may or may not behave during the actual delivery, are all part of the different ways that birth is conducted. One chapter of the book will be devoted to midwives and other birth attendants. There will also be chapters on the Evolution of Birth, on Women's Birth Narratives, and on Child Spacing and Breastfeeding. This book will bring together global research conducted by professional anthropologists, midwives and doctors who work closely with the individuals from the cultures they are writing about, offering a unique perspective direct from the cultural group. Proposals for screening pregnant women and newborns for HIV infection have provoked much controversy. This volume analyzes the possible goals of such screening programs and assesses whether these goals can currently be achieved. It also provides guidance to policymakers in developing and implementing sound screening policy. This book provides a collective examination of the theoretical, empirical, and clinical perspectives of pregnancy-related anxiety. Pregnancy-related anxiety is a distinct form of anxiety that is experienced by pregnant women and is characterized by pregnancy-specific fears and worries. This form of anxiety has been associated with a range of negative obstetric, neonatal, and maternal outcomes. There has been increased research interest in this form of anxiety, particularly over the last 15 years. The content is organized in three sections. The first section provides a thorough understanding of pregnancy-related anxiety, ranging from its historical development, evidence of its distinctiveness to the antecedents and outcomes of this anxiety for the mother and child. The second section examines key clinical issues around diagnosis and treatment specifically, current diagnosis/screening for this anxiety and approaches for intervention and treatment. The final section considers emerging areas of research such as pertinent issues around culture and acculturation which are key issues in an increasingly multicultural world. Moreover, the effects of pregnancy-related anxiety on the woman's broader psychosocial functioning are considered with specific chapters on body image and sexual abuse, two key areas of concern. A seminal resource, this book provides a broad examination of the topic from multiple frameworks and perspectives which sets this book apart from other books in print. This book intends to inform and stimulate future research studies, as well as increase awareness and understanding of pregnancy-related anxiety. It is a must-read for researchers, educators, clinicians, and higher education students who care about delivering better support and services to pregnant women, particularly those who are vulnerable and distressed. Going it Alone is the essential guide for the modern woman entering pregnancy without a partner. Sensitive to the needs of the single pregnant woman, this guide contains up-to-date information on the latest procedures and facilities available to pregnant women and offers guidelines for coping with the emotional aspects of going through pregnancy and birth alone. Informative and easy-to-read Going it Alone details the following: what to expect through every stage of pregnancy, what to eat and the best form of exercise, the development of your baby, issues that may arise with the baby's father, and how to deal with your employer. Filled with interviews from women who have experienced pregnancy and birth without a partner's support and packed with detailed illustrations and useful contacts, Going it Alone will help any single woman deal with the obstacles and stereotypes she may face in having a child on her own. Babies are not simply born—they are made through cultural and social practices. Based on rich empirical work, this book examines the everyday experiences that mark pregnancy in the US today, such as reading pregnancy advice books, showing ultrasound "baby pictures" to friends and co-workers, and decorating the nursery in anticipation of the new arrival. These ordinary practices of pregnancy, the author argues, are significant and revealing creative activities that produce babies. They are the activities through which babies are made important and meaningful in the lives of the women and men awaiting the child's birth. This book brings into focus a topic that has been overlooked in the scholarship on reproduction and will be of interest to professionals and expectant parents alike. The Ethics of Pregnancy, Abortion and Childbirth addresses the unique moral questions raised by pregnancy and its intimate bodily nature. From assisted reproduction to abortion and 'vital conflict' resolution to more everyday concerns of the pregnant woman, this book argues for pregnancy as a close human relationship with the woman as guardian or custodian. Four approaches to pregnancy are explored: 'uni-personal', 'neighborly', 'maternal' and 'spousal'. The author challenges not only the view that there is only one moral subject to consider in pregnancy, but also the idea that the location of the fetus lacks all inherent, unique significance. It is argued that the pregnant woman is not a mere 'neighbor' or helpful stranger to the fetus but is

rather already in a real familial relationship bringing real familial rights and obligations. If the status of the fetus is conclusive for at least some moral questions raised by pregnancy, so too are facts about its bodily relationship with, and presence in, the woman who supports it. This lucid, accessible and original book explores fundamental ethical issues in a rich and often neglected area of philosophy in ways of interest also to those from other disciplines. Anatomy and physiology presented in a clear and accessible manner for the midwifery student. Well illustrated with numerous line diagrams, ANATOMY & PHYSIOLOGY IN MATERNITY CARE takes a system-approach to the physiological changes that occur throughout the childbearing year. Varied case studies reflecting the latest research findings ensure that theory is firmly rooted in midwifery practice. This is an excellent first textbook for those students needing to understand the anatomy and physiology of pregnancy and childbirth. An introductory text covering anatomy and physiology relevant to midwifery students Simple, accessible language ensures complete understanding of complex theory Case studies relate anatomy and physiology to midwifery practice Covers physiological changes throughout the childbearing year Updated references New case studies reflecting latest research findings Now updated--our bestselling guide to a safe and healthy pregnancy With robust sales and its own four-part cable TV series, Pregnancy For Dummies has been a perennial favorite, giving parents-to-be authoritative, friendly, up-to-date advice on every aspect of pregnancy and childbirth. This new edition offers all of the latest information expecting parents want to know, including expanded coverage on the health and well-being of both mother and child. It takes readers through the first, second, and third trimesters, providing new and updated coverage of prenatal genetic screening and diagnosis, amniocentesis, new high-tech ultrasounds, and the revised FDA/USDA food pyramid. It also discusses the recent celebrity trend of "on-demand" cesarean sections, multiple births, what to expect in labor and delivery, postpartum care, choosing bottle or breastfeeding, preparing a home (and siblings) for a new baby, caring for preemies, and the mother's mental as well as physical health. "A thorough, accurate, and highly informative guide." --Los Angeles Times The Only Month-By-Month Pregnancy Guide for Black Women Let's face it: Not all pregnancies are created equal. African American women are at a higher risk for complications such as hypertension, asthma and preterm birth. That's why Dr. Suzanne Greenidge-Hewitt and Yvette Allen-Campbell wrote this must-have pregnancy guide for women of color. Suzanne has over 26 years of experience as a board-certified obstetrician and gynecologist, and Yvette is a leader in education. Together they walk you through the multiple stages of pregnancy, advise on how to best avoid common health issues and dispel rumors, all with authority and personality. With month-by-month overviews, soul food recipes beneficial to pregnant women, checklists for doctor visits, a play-by-play of delivery options and even tips for keeping the romance alive, this book has everything you'll need for the next 9 months and beyond. With all your questions answered and all your fears laid to rest, Black, Pregnant and Loving It will allow you to enjoy your pregnancy and go on to deliver the beautiful baby you've been waiting for. Fleshes out the story that is dominated by data concerning the effect of drugs on the unborn, by listening to pregnant or recently delivered women who take addictive drugs. Drawing on interviews with 120 such women, two sociologists explore such issues as how they decide whether or not to terminate their pregnancy, what their parents and family members think about the situation, and what options are available to them if they choose to keep the baby but kick the habit. Annotation copyrighted by Book News, Inc., Portland, OR Traces the history of prenatal medical care from the eighteenth century to the present, discusses technological developments, and looks at how modern medicine has taken control of childbirth Every day, four thousand American men become first-time dads. There are literally hundreds of pregnancy guidebooks aimed at women, but guys rarely rate more than a footnote. A Guy's Guide to Pregnancy is the first book to explain in "guy terms" the changes that happen to a guy's partner and their relationship during pregnancy, using a humorous yet insightful approach. Future fathers will find out what to expect when they enter the "Pregnancy Zone." They'll discover the right and wrong answers to Trick Questions like "Do I look fat?" They'll also learn baby-shower etiquette ("It's sooo cute!"), the truth about sex during pregnancy (yes, you can touch her) and Boys' Night Out (negotiate it), plus delivery room dos (stay upright) and don'ts (complain about missing the big game). A Guy's Guide to Pregnancy is designed to be guy-friendly -- approachable in appearance as well as content and length. It is divided into forty brisk chapters, one for each week of the pregnancy. Frank

Mungeam is the executive producer of local programs at the ABC-TV affiliate in Portland, Oregon, supervising the Emmy-nominated daily live talk show AM Northwest and the series Parenting in the 90's. Mungeam combines his years of expertise as a communicator and his personal experiences as an expectant dad to create a humorous yet helpful guide for guys. Impending motherhood serves up a confusing cocktail of heroic strength and terrifying vulnerability. Our culture has seized on the "vulnerability" part of this experience and tends to reinforce a pregnant woman's insecurities instead of encouraging her to embrace this most natural time and trust her body, her intuition, and her own mind. Feng Shui Mommy takes a different approach, helping the expecting mother build her own unique, epic journey to motherhood. It's about supporting her while she shores up her mind-body-spirit alignment so she can best handle the cosmic kick in the uterus and juicy kiss on the soul that pregnancy is. Bailey Gaddis guides women through the experience, providing specific suggestions for mind, body, and spirit for each trimester (including the "fourth," after birth), leading to birth preparation designed for each mother and baby, and culminating in strong mother-child bonding. She includes detailed and practical information about prenatal exercise and nutrition, birth preferences and birthing positions, breath work, breastfeeding, and much more. Her advice allows mothers to welcome delight and curiosity into the journey while taking each phase with purpose and calm — and even a sense of fun. This comprehensive guide makes challenge and change joyful, allowing new life to be as incomparably wonder-filled as it is meant to be. The delivery of high quality and equitable care for both mothers and newborns is complex and requires efforts across many sectors. The United States spends more on childbirth than any other country in the world, yet outcomes are worse than other high-resource countries, and even worse for Black and Native American women. There are a variety of factors that influence childbirth, including social determinants such as income, educational levels, access to care, financing, transportation, structural racism and geographic variability in birth settings. It is important to reevaluate the United States' approach to maternal and newborn care through the lens of these factors across multiple disciplines. Birth Settings in America: Outcomes, Quality, Access, and Choice reviews and evaluates maternal and newborn care in the United States, the epidemiology of social and clinical risks in pregnancy and childbirth, birth settings research, and access to and choice of birth settings. In pregnancy, maternal nutrition sustains and nourishes the developing child. Imbalances in either the direction of nutritional excess or deficiency can have adverse consequences for child health. In addition, more research now suggests that good pregnancy nutrition influences child health beyond pregnancy and delivery. This includes modifying the risk of child health outcomes as they enter childhood and adulthood through influences on placental development, hormonal pathways, and organ structure and function. Poor pregnancy nutrition may also compromise maternal health during pregnancy, which may have long-term consequences for women's health. Understanding the biological and social mechanisms operating during pregnancy can help in the design of better clinical and public health interventions. This Special Issue on "The Role of Pregnancy Nutrition in Maternal and Offspring Health" includes etiological and mechanistic studies of pregnancy nutrition with short- and long-term maternal and child health outcomes, including original research, narrative reviews, and systematic reviews and meta-analyses. Together, this body of work provides important insights into the influence of dietary patterns, food groups, and nutrients on pregnancy outcomes, and long-term neurodevelopmental, respiratory, and metabolic health in the children. It also highlights nutritional consequences for specific groups of women, including those with pregnancy complications and eating disorders. In this dazzling collection of over 200 photos of pregnant women taken from art libraries, childbirth manuals, maternity ads, contemporary art, and personal albums, the authors explore the paradox between image and reality. The photos illuminate how society creates feminine roles through the institution of pregnancy and how women resist such roles. From "the man who remade motherhood" (Time) comes the definitive guide to having a healthy pregnancy—and a healthy baby. THE HEALTHY PREGNANCY BOOK guides expectant mothers and fathers through all stages of pregnancy from preconception through birth, focusing on how to enhance the health of mother and baby. In this uniquely authoritative and comprehensive month-by-month guide, the Seases address emotional and physical changes that take place during pregnancy, baby's brain development, healthy pregnancy habits, pregnancy superfoods, optimal weight gain, fitness, managing stress, sleep, choosing the right

healthcare provider, birthing choices, the transition into parenthood, engaging personal stories, and more. Overflowing with the most up-to-date information, digestible and doable tips, and advice for every worry—and written in the Seases' trademark reassuring tone that makes their books long-term bestsellers--THE HEALTHY PREGNANCY BOOK is the must-have resource to fit the greater demands of today's savvy parents. Moms-to-be get tons of advice on strollers, sleep training, and post-baby workouts. What they don't get is straight talk about navigating the workplace during pregnancy and new parenthood - factors that put many women's jobs in jeopardy. That's why Babygate is essential: the first and only guide to supply parents with the tools they need to keep their jobs. Babygate breaks down the laws on topics across the parenthood spectrum in clear, conversational language, and includes a state-by-state guide so readers know exactly how they're protected (or not) in their hometowns. Best of all, Babygate includes a road map for confronting family-responsibilities discrimination, and a concrete plan for creating a more family-friendly nation. In Babygate, three legal experts share practical tips, real-life stories from moms and dads, and key legal information to spotlight the protections expecting and new parents have (and don't have) in the workplace. This step-by-step guide covers everything from morning sickness to maternity leave to confronting discrimination on the job. Includes quizzes, charts, checklists, sample letters to employers, and a comprehensive breakdown of individual state laws on pregnancy, parenthood, and the workplace. Drugs During Pregnancy and Lactation, 3rd Edition is a quick and reliable reference for all those working in disciplines related to fertility, pregnancy, lactation, child health and human genetics who prescribe or deliver medicinal products, and to those who evaluate health and safety risks. Each chapter contains twofold information regarding drugs that are appropriate for prescription during pregnancy and an assessment of the risk of a drug when exposure during pregnancy has already occurred. Thoroughly updated with current regulations, references to the latest pharmacological data, and new medicinal products, this edition is a comprehensive resource covering latest knowledge and findings related to drugs during lactation and pregnancy. Provides evidence-based recommendations to help clinicians make appropriate recommendations. Uniquely organized and structured according to drug class and treatment indications to offer authoritative clinical content on potential adverse effects. Highlights new research developments from primary source about working mechanism of substances that cause developmental disorders. This guide provides a full range of updated, evidence-based norms and standards that will enable health care providers to give high quality care during pregnancy, delivery and in the postpartum period, considering the needs of the mother and her newborn baby. All recommendations are for skilled attendants working at the primary level of health care, either at the facility or in the community. They apply to all women attending antenatal care, in delivery, postpartum or post abortion care, or who come for emergency care, and to all newborns at birth and during the first week of life (or later) for routine and emergency care. This guide is a guide for clinical decision-making. It facilitates the collection; analysis, classification and use of relevant information by suggesting key questions, essential observations and/or examinations, and recommending appropriate research-based interventions. It promotes the early detection of complications and the initiation of early and appropriate treatment, including time referral, if necessary. Correct use of this guide should help reduce high maternal and perinatal mortality and morbidity rates prevalent in many parts of the developing world, thereby making pregnancy and childbirth safer. Pregnancy provides a very public, visual confirmation of femininity. It is a time of rapid physical and psychological adjustment for women and is surrounded by stereotyping, taboos and social expectations. This book seeks to examine these popular attitudes towards pregnancy and to consider how they influence women's experiences of being pregnant. Sanctioning Pregnancy offers a unique critique of sociocultural constructions of pregnancy and the ways in which it is represented in contemporary culture, and examines the common myths which exist about diet, exercise and work in pregnancy, alongside notions of risk and media portrayals of pregnant women. Topics covered include: Do pregnant women change their diet and why? Is memory really impaired in pregnancy? How risky behaviour is defined from exercise to employment. The biomedical domination of pregnancy research. Different theoretical standpoints are critically examined, including a medico-scientific model, feminist perspectives and bio-psychosocial and psychodynamic approaches. Who better to guide expectant mothers through this nine-month miracle than the legions of

women who have come before them and have shared similar cravings, hormonal highs and lows, backaches, and bliss? By turns sentimental, sweet, and sometimes silly, *Pregnant for 100 Years* is a collection of tales of pregnancies past and present, shared by moms-and a few observations by other innocent bystanders. It will entertain, enlighten, and enrich the nine months of pregnancy...even when it feels a hundred years long. In *Policing the Womb*, Michele Goodwin explores how states abuse laws and infringe on rights to police women and their pregnancies. This book looks at the impact of these often arbitrary laws which can result in the punishment, incarceration, and humiliation of women, particularly poor women and women of color. Frequently based on unscientific claims of endangering a fetus, these laws allow extraordinary powers to state authorities over reproductive freedom and pregnancies. In this book, Michele Goodwin discusses real examples of women whose pregnancies have been controlled by the law and what has led to the United States being the deadliest country in the developed world for a woman to be pregnant. Covers each stage of pregnancy, explaining physical changes in pregnant women and fetal development during each stage, and discusses health problems, medication, prenatal classes, and doctor visits.

Prenatal and Postnatal Care The second edition of the comprehensive and award-winning text on prenatal and postnatal care. The updated edition of *Prenatal and Postnatal Care* offers a comprehensive text for the care of the woman during the childbearing year. The expert author team presents information needed to master foundational knowledge in anatomy, physiology, psychology, culture, the structure of preconception, prenatal and postnatal care, as well as the management of common health problems. This edition has been revised throughout and contains six new chapters on the following topics: prenatal ultrasound, triage of the pregnant woman, assisting women to develop confidence for physiologic birth, pregnancy after infertility, oral health, and issues around diversity and inclusion in prenatal and postnatal care. Additional highlights include new and updated content on pregnant women in the workplace, prenatal genetic testing, trauma-informed care, and transgender pregnancy care. The second edition also includes commonly used complementary therapies and offers more detailed information on shared decision-making and planning for birth.

Prenatal and Postnatal Care: Provides expanded faculty resources with

case studies and test questions for each chapter Offers a comprehensive text that covers essential aspects of prenatal and postnatal care of the childbearing woman Builds on the edition that won the Book of the Year award from the American College of Nurse Midwives (ACNM) in 2015. This revised, authoritative text is an ideal resource for midwifery, nurse practitioner and physician assistant students, and healthcare providers working with pregnant and postpartum women. Explains the effects of regular exercise on all phases of pregnancy and offers guidelines for developing an exercise program. The placenta is fascinating and complex. Basically foreign to the maternal body, it can be thought of as an organ transplanted onto the mother's host tissue. As such it embodies all the principles of tissue acceptance and rejection. Many of the risks of pregnancy and labor have now been eliminated and the placenta is likely to be at the root of many of the dangers to the unborn child that remain. A breakdown of the relationship between the placenta and the maternal tissue may turn out to be the cause of the majority of early lost pregnancies. The ultimate must-have for any mom-to-be with a sense of humor: an irreverent, laugh-out-loud activity book filled with quizzes, mazes, fill-in-the-blanks, journaling pages, and hysterical musings on what pregnancy is really like. Baby shower gifts don't get more perfect than this. · Word finds: Sorry, Nope (all the stuff you're not allowed to have anymore); Bad Baby Names (Murl, anyone?) · Mazes: Make it from Your Desk to the Bathroom Without Throwing Up · Lists: How to Register Without Crying; Things Every OB on the Planet Has Been Asked by Newly Pregnant Women · Journaling: Yoga Teachers (Also Your Mom Friends, Your Parents, People on Facebook, All Articles, and Everyone You Meet) Want to Tell You How to Give Birth, But You Don't Have to Listen · Quizzes: Which \$1500 Stroller is Different? "Comfort, solidarity, entertainment, and maybe even total life enlightenment."—Lauren Smith Brody, founder of *The Fifth Trimester* "Funny as hell."—Amy Morrison, founder of *Pregnant Chicken* The image of a heavily pregnant woman, once considered ugly and indecent, is now common to Hollywood film. No longer is pregnancy a repulsive or shameful condition, but an attractive attribute, often enhancing the romantic or comedic storyline of a female protagonist. Kelly Oliver investigates this curious shift and its reflection of changing attitudes toward women's roles in reproduction and the family.