

Read Book Level 3 Exterior Firefighter Us Pdf For Free

Let's Meet a Firefighter The Rescuer Developing Firefighter Resiliency Firefighter Functional Fitness Firefighter Preplan The Long Run Let's Meet a Firefighter Let's Pretend: Firefighter Set Molly, by Golly! Margret and H.A. Rey's Curious George and the Firefighters Reach for the Firefighter Badge! Firefighter Exam For Dummies Firefighter Candidate Exams Firefighter Frank Board Book Edition CSB Firefighter's Bible American Firefighter Firefighters A to Z A Day in the Life of a Firefighter Get Firefighter Fit Becoming a Firefighter Challenges of the Firefighter Marriage Fire Engineering's Handbook for Firefighter I and II 38 Years Firefighter I & II Exams Flashcard Book (Book + Online) Norman Hall's Firefighter Exam Preparation Book Firefighter Rescue & Survival When I Grow Up I Want To Be...a Firefighter! If I Were a Firefighter Firefighter's Night Before Christmas Firefighter Flo! Cowboy Firefighter Heat Firefighter Kayla The Firefighter's Rescue A Firefighter's Tools The Firefighter's Vow Triumph, Tragedy and Tedium Firefighter Emotional Wellness A Firefighter's Journal In Love with the Firefighter The Firefighter Daddy

To love and protect... sometimes means letting go Fire chief Tony Ruggles is stunned that Laura Wheeler wants to become a Cape Pursuit volunteer firefighter. Laura was devastated when her brother died heroically battling a forest fire, but this is her chance to take back control of her life—if Tony can put his feelings aside. How can he train her to risk her life when he wants to protect her at all costs? Are you curious about fire trucks? Firefighting clothes? Hoses and ladders? You're in luck! Firefighter Jim works at the fire department. He knows how to handle all kinds of emergencies. He shows a group of kids how he does his job. Let's hear it for firefighters! So many people help out in our communities! In these books, young students talk with different community helpers to find out what they do, what skills and training they need, and how their work benefits people in the community. Firefighter Functional Fitness is the essential guide to optimal firefighter performance and longevity. It provides all firefighters with the knowledge, mindset, and tools to: Maximize their fire ground performance Reduce their risk of injury and experiencing a line-of-duty death Live a long, healthy career and retirement Designed for firefighters by firefighters, this book shares the The 4 Pillars of Firefighter Functional Fitness: Physical Fitness Recovery and Rest Hydration Nutrition and Lifestyle It also reveals the The Big 8 concept, which includes over 100 photos and descriptions of functional exercises, movements, and stretches that are specifically designed to enhance firefighter performance. The Workout Programming chapter gives firefighters numerous options for putting The Big 8 into action, taking into account all levels of fitness. Additionally, each chapter provides practical action steps for both immediate improvement and long-term success. Must-read bonus chapters include: The Importance of Annual Medical Evaluations An Analysis of the Fire Service's Cardiovascular Epidemic Firefighter Physical Agility Assessments Addressing Organizational Barriers to Fitness Frequently Asked Questions Alarming, over the past 10 years, the fire service has suffered more than 1,000 line-of-duty deaths. Unfortunately, over 50% of these LODDs were attributed to heart attacks, strokes, and other medical causes. Firefighter Functional Fitness attacks these statistics by providing all firefighters with the tools needed to combat this epidemic. Firefighter Functional Fitness brings together the authors' combined 40+ years of fire service experience and decades of utilizing functional fitness principles. The result is an invaluable resource with the vital tools and knowledge that firefighters desperately need to not only enjoy a healthy and productive career, but also benefit with a healthy retirement. Decorated firefighter and true-blue Detroit Bob Dombrowski risked life and limb saving lives for as long as he could remember. Born and raised on the west side of Detroit, Bob narrates an engrossing account of his illustrious firefighting career, from being a trial man to retiring as senior chief. He also gives a vivid description of Motor City in its glory days and the events that led to its recent state. See major historical events such as the 1967 Detroit riot and September 11 attacks through the eyes of a firefighter, and discusses the education and training needed to become a

firefighter. This book is intended to take over from where my first firefighter preparation book *The Future Firefighter's Preparation Guide*, left off. That book was intended on providing the future firefighter with a road map of what to do when starting out the journey to becoming a firefighter. This book is intended to provide more focus on what to expect and more importantly, how to be successful at the firefighter testing process, which can vary from department to department. This book will help future firefighters by providing a road map of how to best navigate the firefighter testing process, so that they are successful in obtaining a position in the best career I am so fortunate to be a part of, a career in the fire service. If you have prepared for the position of firefighter by doing many of the things I suggested in *The Future Firefighter's Preparation Guide*, and follow the suggestions within this book, your chances for success will greatly increase.

Barry Makarewicz is a twenty year veteran of Salt Lake City Fire Department, sixteen of those years as a paramedic. *Triumph, Tragedy and Tedium* chapters are honest, compassionate and sensitive with compelling detail and special insight as Barry lives in the district he serves. Medical or fire calls can be for neighbors, friends or family. If you want to know what it is like to be a paramedic/firefighter, or if you want to know what happens when the emergency response system is activated, this book of true stories is a must read. *Triumph, Tragedy and Tedium* explores a variety of emergency calls from dramatic major medical traumas to the mundane minor assistance needed for the frail and infirm; from humor to despair and everything in between. Barry's stories are captured in teamwork with his personal journalist and wife, Laura Howat. "Makarewicz & Howat masterfully recount the stories of a paramedic/firefighter in *Triumph, Tragedy and Tedium*. The book is a wonderful journey through the highs and lows of a paramedic/firefighter's life and I recommend it to anyone with a curiosity about emergency services." Eric R Swanson, MD, FACEP; Associate Professor, Division of Emergency Medicine, The University of Utah; Medical Director, University of Utah AirMed; Editor, *Air Medical Journal* "Makarewicz and Howat have written a remarkable book. It captures the full range of emotions and experiences of a modern urban paramedic; the humor, the satisfaction, the tragedy, the frustration and even the anger at times. . . .In these stories, readers will find themselves drawn into the lives of the paramedic/firefighters and the people they meet and they can come away with a deep appreciation for these people and for the life saving and life giving work that they do." Dan Andrus, Deputy Chief, Salt Lake City Fire Department (Retired) "*Triumph, Tragedy and Tedium* provides vivid insight into the challenges that paramedic/firefighters face when life saving seconds are ticking away. . . I recommend this book to anyone that takes emergency medical services for granted." Randy Anderson, Interagency Hotshot Crew Superintendent; BLM Guaranteed Top Scores on Your Firefighter's Exam! Want to be a firefighter? Do you know what is involved in taking the exam? Don't take a chance at failing a test you could ace--learn from the expert, Norman Hall. For more than a decade, Norman Hall's *Firefighter Exam Preparation Book* has been the #1 test preparation book for prospective firefighters. Back by popular demand, Norman Hall has completely updated and revised this hugely successful book for this second edition, presenting new tips and time-tested methods for attaining the highest scores. Practice your skills using features such as tips on how to pass the physical requirements, practice exams with answer keys, memory aids to help you master the recall test, tables for self-scoring, insights on what a career in firefighting entails, and a discussion of the final interview. You will score 80% to 100% using Norman Hall's proven system. If you don't, your purchase price for this book will be fully refunded. See inside for details! Use Norman Hall's *Firefighter Exam Preparation Book, 2nd Edition* to study hard and score at the top! Bright pictures of a firefighter and his big red truck make this board book perfect for the very youngest. In twelve eye-catching spreads, Frank shows scenes from his day, from cleaning the truck to putting out a fire. With lots to look at, this book is sure to be a favorite of every truck-loving tot.

CSB Heroes Bibles -- separate editions thoughtfully designed for EMS professionals, firefighters, and law enforcement officers -- feature 7-point type in a convenient, easy-to-carry compact trim size with an extended devotional section of articles, prayers, and spiritual guidance. CSB Heroes Bibles features the highly readable, highly reliable text of the Christian Standard Bible (CSB). The CSB stays as literal as possible to the Bible's original meaning without sacrificing clarity, making it easier to engage with Scripture's life-transforming message and to share it with others. *Firefighter Emotional Wellness:*

Reconnecting with Yourself and Others is a training exercise for your heart and mind. It's an excellent, evidence-based self-help book with boots on the ground sharing interviews with firefighters and how they adapt. "You are looking at a critical part of your success as a first responder and human being, and it doesn't mean that you will have perfect understanding right away – or ever, but what it means is you will begin to find tools that help you grapple with what you have seen." – Jada Hudson

What others are saying "By sharing personal stories of her clients' emotional wellness struggles, Jada Hudson takes away the stigma of talking about things like depression, anxiety, addiction, suicidal ideation," said Dr. Thomas E. Joiner, an academic psychologist, author and professor of psychology, Florida State University. "Firefighter Emotional Wellness: Reconnecting with Yourself and Others is a must-read for every academy recruit, newlywed, leader, retiree, spouse, and individual who wants to become or remain emotionally well." "Jada Hudson's years of critically important work with counseling first responders has come full circle in this book. Her insight, guidance and examination of the issues facing the men and women on the front lines is both remarkable and humbling. This book should be a must read for any first responder or medical professional." - Dr. Robert Langman, Northwestern Medicine, Chicago

"I highly recommend this book for first responders, peer support programs, chaplains and clinicians," said Dr. Joel Fay, who teaches intervention, case law, PTSD, Suicide by Cop and Self Care for Sacramento PD CIT. "Jada Hudson brings a considerable wealth of information regarding the mental health and treatment of first responders. She covers a broad range of topics including PTSD, suicide, stress and trauma, resiliency, and treatment. She shares her professional knowledge and writes from her personal experience and the book is richer for it." "Jada Hudson draws upon her personal and professional experience as well as research and theory in writing Firefighter Emotional Wellness, a book that is timely and important," says Dr. Stanley McCracken, author, and lecturer (ret.), The University of Chicago. "Just as first responders drill to prepare them for the physical demands of their jobs, reading this book should be considered a preparation for the emotional demands they will face." Here is the story of Molly Williams, an African American cook for New York City's Fire Company 11 who is considered to be the first known female firefighter in U.S. history. New York City's Fire Company Number 11 is in trouble. A deadly snowstorm is blowing, and many of the volunteers are sick in bed. When the fire alarm sounds, who will answer the call? Who will save the neighborhood? Molly Williams, the company's cook, for one! Clapping a weathered leather helmet on her head, strapping spatterdashes over her woolen leggings, and pulling on heavy work gloves —it's Molly, by golly, to the rescue. Young readers will enjoy plucky Molly Williams's legendary adventure as they learn how fires were fought in the early 1800s.

Audisee® eBooks with Audio combine professional narration and text highlighting for an engaging read aloud experience! Let's Meet a Firefighter! Are you curious about fire trucks? Firefighting clothes? Hoses and ladders? You're in luck! Firefighter Jim works at the fire department. He knows how to handle all kinds of emergencies. He shows a group of kids how he does his job. Let's hear it for firefighters! "Cartoon-style animated drawings in bright colors introduce diverse characters who will capture children's interest." —School Library Journal

"In each book introducing a community-benefiting career, schoolchildren meet one adult to learn about his or her job; information includes the training required to become a firefighter, doctor, etc., daily routines, and primary responsibilities. The content is inclusive and up-to-date but delivered through vapid stories. Peppy computer-generated cartoons are amateur." - The Horn Book Guide

Free downloadable series teaching guide available. He helped save people every day—but he had no idea how to save himself. Jason Sautel had it all. Confident in his abilities and trusted by his fellow firefighters, he was making a name for himself on the streets of Oakland, California. His adrenaline-fueled job even helped him forget the pain of his childhood—until the day he looked into the eyes of a jumper on the Bay Bridge and came face to face with a darkness he knew would take him down as well. In the following months, a series of traumatic emergency calls—some successful, others impossible-to-forget failures—drove Jason deeper into depression. Even as he continued his lifesaving work, he realized he could never rescue everyone, and he had no idea how to save himself. In the end, Jason was forced to confront the truth: only the relentless power of love could pull him back from his own deadly fall. Action-packed, spiritually honest, and surprisingly romantic, The Rescuer transports readers

inside the pulse-pounding world of firefighting and into the heart of a man who needed to be broken before he could finally be made whole. Ring! Clang! Firefighter Flo and her team race to stop a fire in this picture book filled with bold art and fun onomatopoeia. Last night at the Fire Station... With a jingly-jang, the telephone rang. RING-RING! RING-RING! Firefighter Flo jumps out of bed! There's a fire and only a pro like Flo and her team can help. Read along as the firefighters put on their fireproof suits, rush off in their truck, douse the fire with the big hose, and rescue the family pet. The CLANG of the siren and WHOOSH of the fire will have parents and kids reading aloud together. The Big Jobs, Bold Women series introduces even the youngest readers to women as leaders in unusual jobs with teams relying on them. The first in the series, Fire Flo makes this empowering message accessible with a showstopping art and story about a job every kid loves. With dynamic artwork from Dan Yaccarino, Nickelodeon character designer for The Backyardigans, and energetic verse from Andrea Zimmerman, best-selling author of Trashy Town, Firefighter Flo is the perfect read for kids who love to watch the big red fire trucks rush by. JoJo's aunt Kayla is a firefighter. She's teaching Katie's class about her job. Katie keeps trying to ask Kayla questions, but Kayla has lots to say before it's question time. If Katie is patient, will she learn what she really wants to know about firefighters? The curiosity of a newly-captured monkey gets him into considerable trouble. He's definitely a hero... But is he the right hero for her? Moving to Cape Pursuit, Virginia, gives Nicole Wheeler the fresh start she desperately needs. But there's a catch: Kevin Ruggles, the handsome firefighter who welcomes her to town. Kevin is brave, ambitious and committed to the same career that killed her brother. Nicole can't go down that path again...no matter how much her heart protests. Can a firefighter... Rescue her heart? Doctor Maisy Martin knows what to expect from Outcrop, Oregon--a quiet, safe, predictable existence that doesn't include being paired up with reckless firefighter Bowman Wallace to run a kids' Cowboy Camp. Inexperienced with children and clashing with Bowman at every turn, she's way out of her comfort zone. But taking some chances--and falling for the gorgeous firefighter--may be the prescription for happiness! From Harlequin Heartwarming: Wholesome stories of love, compassion and belonging. Love, Oregon Book 1: A Rancher Worth Remembering Book 2: The Firefighter's Rescue DEVELOP THE FITNESS LEVEL AND PHYSIQUE OF A TOP-FLIGHT FIREFIGHTER From the Former Director of the New York City Fire Department Physical Training Program Over 300 Step-by-Step Photos Illustrate Exercises That Dramatically Improve Firefighting Readiness Are you ready to push yourself to the next level? Get Firefighter Fit shows how to train and achieve the peak level of fitness exhibited by high-performance firefighters. Using a multi-phased approach to total body conditioning, the authors' methods have proven successful in transforming out-of-shape rookies into members of the highly respected FDNY. Regardless of your current fitness level, Get Firefighter Fit enables you to begin today to improve: •Absolute Strength •Aerobic Capacity •Muscular Endurance •Agility and Flexibility The book also includes performance-oriented nutrition tips to properly fuel and hydrate your body during high-intensity training. Three Key Messages: -- This is important. -- You can do it. -- I won't give up on you. Training ordinary people to do extraordinary things requires an understanding of how we learn. Developing Firefighter Resiliency starts with the basic psychophysical aspects of learning. The fire service has unwittingly used a failure-based training model for many years. Hands-on training exercises are often based on unachievable objectives. Trainers are often not educated about the psychology of adult learning or the effect of stress during learning. Consequently, participants face learning activities with mastery-level skill requirement to succeed when competency has yet to be established. This amounts to a never-ending diet of tests without actual skill development. Accessing knowledge under extreme circumstances cannot be left to chance, because the penalty for failure is severe. This book provides the roadmap for a journey to train, establish relevancy for the lessons, develop competency in the skills, and capitalize on confidence to achieve mastery. We study the impact of a stressful environment on the ability to learn and function. In Challenges of the Firefighter Marriage, author Anne Gagliano, the widely read Fire Engineering and FireLife.com columnist, has teamed up with her husband, Captain Mike Gagliano, to share their 30-plus years of personal experience on how marriage can thrive in the chaotic world of firefighting. In addition, they have called upon well-known and respected couples who share their stories of comfort and guidance for firefighter

families everywhere. What you will learn: Aspects of this occupation that differentiate it from any other and how these impact marriage Essential conversations every firefighter couple should have The reality of sleep disruption and how to minimize its impact The importance of healthy intimacy in your relationship Why finances can be such a problem and ways to make it a solution Advice on how to deal with time off, kids, firefighter health, and so much more Deliberate training in firefighter rescue and survival is a field that is new to many in the fire service and private industry alike. For those firefighters and company officers assigned to a Rapid Intervention Team (RIT), not making the correct split-second decisions--such as immediately recognizing changes in fire behavior or failing to evaluate their level of SCBA air--can result in the loss of the lives of the entire team. In an effort to reduce the number of line-of-duty firefighting injuries and deaths, while at the same time being proactive in the fire service training and leadership, authors Richard Kolomay and Robert Hoff have drawn upon their combined 50+ years of firefighting experience to put together this comprehensive guide. Key Features & Benefits - Provides an awareness of firefighter safety and proactive fire service training - Describes various types of serious firefighter injuries and fatality incidents during emergency incident operations - Details recommended Rapid Intervention Team operating methods and procedures, as well as how to activate a Rapid Intervention Team Corbett, technical editor of "Fire Engineering" magazine, has assembled more than 40 accomplished fire service professionals to compile one of the most authoritative, comprehensive, and up-to-date basics book for Firefighter I and II classes. The alarm bell goes off, there's a fire to put out - time for the firefighters to spring into action Inside this creative play set, the big board book has three busy scenes as firefighters Ben and Lucy gather their equipment, zoom off in their truck, and fight a fire at the bakery, keeping everyone safe. The set comes with 15 sturdy firefighting puzzle pieces which can be used both to match to the spaces on the book pages and for independent play. A fabulous set for little firefighters which will provide them with hours of creative, imaginative play. She's back and hotter than ever. Good thing this firefighting cowboy can handle the sparks. When country singer Fern Bryant returns to her cabin in Wildcat Hall Park, the last thing she expects to find is Craig Thorne in her home...asleep in her bed. Fern had big dreams, and chasing those dreams required sacrifices. Unfortunately, Craig was the cowboy singer and firefighter she left behind. Much to her surprise, now they're the co-owners of her beloved Wildcat Hall Park. Craig hasn't seen Fern since she left Wildcat Bluff County—and him—to sing on a cruise ship. When she storms back into town, the sparks between the two aren't only rekindled but burn hotter than ever. As long days turn into long nights, Craig is determined to show Fern that she belongs in Wildcat Bluff...and his arms. Smokin' Hot Cowboys series: A Cowboy Firefighter for Christmas (Book 1) Blazing Hot Cowboy (Book 2) A Very Cowboy Christmas (Book 3) Hot for a Cowboy (Book 4) Cowboy Firefighter Christmas Kiss (Book 5) Cowboy Firefighter Heat (Book 6) What people are saying about Kim Redford's Smokin' Hot Cowboys: "Delivers fiery passion with a country-western kick."—Publishers Weekly for A Very Cowboy Christmas "Redford reels you in with this hot-as-hell firefighting cowboy whose rekindled love ignites flames of passion. A sweet, romantic, and enjoyable read."—Fresh Fiction for Blazing Hot Cowboy "With its vividly written firefighting scenes, rich cast of characters and folksy charm, A Cowboy Firefighter for Christmas will keep you warm and toasty and entertained in a big—and I mean Texas big—way." —USA Today Happy Ever After for A Cowboy Firefighter for Christmas A New York City firefighter's emotional and inspiring memoir of learning to run again after a debilitating accident. "The Long Run" is an emotional and incredibly honest story about Long's determination to fight through fear, despair, loneliness, and intense physical and psychological pain to regain the life he once had. 400 flashcards cover all the test topics you'll need to know for the Firefighter I and II exams - from fire behavior, fire control and rescue, to equipment, health, and safety. From Bachelor to Father Firefighter Liam McGregor is used to staring down fivealarm fires—but becoming a father to his two little nieces has him sending out a call for help. When the girls return a lost pup to its beautiful owner, Liam thinks widow Sarah Blackburn is just the person he needs—or who the children need. He's promised to never marry again. ' Sarah takes his deal: she'll watch his kids and he'll watch her menagerie of pets—but the new father is off-limits. But two determined little matchmakers can be hard to resist when they need a mom to make one big happy family... FOREWORD INDIES Book of

the Year Awards — 2017 SILVER Winner for Photography A celebration of and tribute to our nation's courageous firefighters and first responders. Paul Mobley has taken his camera on the road again to photograph America's bravest citizens. In this collection of intimate and powerful photographic portraits, we get a glimpse of what it means to answer the call and run toward danger. Stunning portraits of these brave men and women—chief fire officers, company and wildland crew leaders, instructors, and line-firefighters—are accompanied by firsthand accounts of those who put it all on the line, as well as stories of those firefighters who have made the greatest sacrifice of all. *American Firefighter* contains the real-life stories of firefighters, from the most rural volunteers to the most sophisticated and technologically advanced metropolitan departments, and it also profiles the children and grandchildren of firefighters who have been lost in the line of duty as they honor and pursue a family legacy. This book is an excellent gift for this nation's 1.4 million firefighters and their families, for those just coming to the profession, or for any American who is intrigued to learn more about these everyday heroes. A revealing guide to a career as a firefighter written by acclaimed author Jeff Wilser and based on the real-life experiences of the heroes of the St. Louis fire department—required reading for anyone considering a path to this profession. *Becoming a Firefighter* takes you behind the scenes to find out what it's really like, and what it really takes, to become a firefighter. Author Jeff Wilser imbeds with one of the oldest departments in the country, the St. Louis Fire Department, to show how this high-stakes profession becomes a reality. Discover what it's like to fight a three-alarm blaze; attend fire academy; prepare for routine calls; and rigorously train for worst-case scenarios. Gain professional wisdom from the beloved fire chief as well as a decorated 25-year veteran field commander. *Firefighting is a calling*, and those who choose this path are devoted to their work—here is how this life-saving job is actually performed by the best in the field. The essential guidebook for thriving as a firefighter. Over 20 years of research and 100's of interviews were incorporated in the foundational principals shared in this book. Discover the mindset, attitude and habits that make firefighters great & respected. Discover 3 the destructive C's of a fire service career and how to avoid them and discover the firefighter training success diamond. Learn how great firefighters stay focused and motivated and how to become a respected firefighter among respected firefighters. These and so much more in this jam-packed guidebook for thriving as a firefighter. Learn more at FirefighterPreplan.com This revised and updated manual presents practice exams similar to those given to firefighter candidates in cities and communities across America. The book opens with a description of the firefighter's role, the important terminology he or she must understand, and the physical, medical, and written tests that every candidate must be able to pass for qualification. General advice and information for prospective firefighters includes physical fitness standards, and learning to recognize and correct weaknesses in visualization, spatial orientation, and more. A brand-new chapter in this edition covers mechanical reasoning, which today's firefighter must be able to command. Features that follow include: A preliminary diagnostic exam Information on revised exams (CPAT) Advice on what a successful firefighter candidate should do to prepare before taking the exam Six full-length practice exams All test questions answered and explained An alphabetic look at a firefighter's day. Each book covers all the necessary information a beginner needs to know about a particular topic, providing an index for easy reference and using the series' signature set of symbols to clue the reader in to key topics, categorized under such titles as Tip, Remember, Warning!, Technical Stuff and True Story. Original. Will was excited to go on his class field trip, until he learned they would be touring the local firehouse. Now, he is dreading the trip. For as long as he can remember, Will has been afraid of fire and, worse than that, firefighters! Though he knows firefighters are heroes who do dangerous work, to him they are giants in heavy coats and masks. As he journeys with his class through the fire station, Will and readers alike are introduced to the exciting world of firefighting. Can Will overcome his fears and maybe even learn something surprising about himself? Introduces fire fighting and its history, and follows a typical fire fighter from checking equipment in the morning through training exercises, working with the community, and responding to alarms to getting everything ready for the next call. In the style of Clement Moore's well-known poem, the firefighters from Firehouse One receive a visit from Ol' Sergeant Nick, who leaves them lots of surprises, including a shiny new pumper truck, while

they are putting out a fire on Christmas Eve. Did someone call a firefighter? Readers will love reading about this high-interest career through the scope of the tools firefighters use. They'll learn about the special clothing firefighters wear to keep themselves safe, as well as the tools that help them get into buildings and put out fires. Each tool has both a description and an explanation of its function, which are supplemented by vivid visuals to give a concrete understanding of the tool. A graphic organizer ends the book in a way that makes the material memorable. Fascinating facts about firefighters and their tools will spark the interest of even the most reluctant reader. A blood-curdling scream pierces the thick black smoke. Somewhere in the darkness, a man is burning to death. Then the screams suddenly stop. Did he jump out of a window? Or did he succumb to the heat and smoke? Those screams haunt Firefighter Robert Marchisello to this day. It's just one of the many revealing stories about battling blazes and numerous other dangers in America's fifth-largest city-home of the nation's first fire company-in this autobiography of his thirty-seven-year career with the Philadelphia Fire Department. During his entire career Marchisello kept a journal detailing his experiences as well as his personal and professional challenges. His work offers rare insights into the unimaginable types of emergencies to which these men and women respond-from decomposing bodies to hazardous chemicals to deadly shootouts. Between calls sit in the firehouse and enjoy the pranks, banter, humor, and camaraderie firefighters share. His vibrant writing lets you experience the adrenalin, the danger and yes, even the laughs of nearly four decades on the firegrounds, in the firehouses and everywhere in between. You'll never look at a passing fire engine the same way!

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